IOWA

2019-2020

### UNIVERSITY HOUSING AND DINING GUIDEBOOK

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# STARTS HERE

Nearly 95 percent of first-year students, many transfer students, and over a thousand second-, third-, and fourth-year students choose to live on campus at lowa. We're excited that you're considering joining us! Living on campus allows you the opportunity to create lifelong friendships, participate in a wide variety of events, and live in an environment that is diverse in culture and thought.

University Housing and Dining also believes that your dining experiences are an educational opportunity. We have several oncampus kitchens working daily to offer a variety of menu items and dining experiences. Whether on campus or on-the-go, the campus community can find a quality snack or meal that's been prepared in one of our many kitchens.

The University of Iowa's housing and dining system is part of the Division of Student Life, and is comprised of 10 residence halls, three dining market places, and several retail cafés and convenience stores, as well as a food truck. Our halls are also home to fitness centers and instructional technology centers. These operations are supported by numerous professional, support, graduate, and undergraduate staff, along with volunteer campus partners and student leaders.

University Housing and Dining creates environments and opportunities that support academic success and personal growth and strives to be a campus leader in student and staff success.



# **EDUCATION** OUTSIDE THE CLASSROOM

At the University of Iowa, your learning and education don't end when you leave the classroom. The on-campus residence and dining experiences are designed to enhance and complement learning that occurs in more traditional settings.

By living on campus at Iowa, you will advance your personal awareness to be responsible members of your communities. To support this, residential staff will engage with you individually and through group activities designed to promote your success in college throughout the academic year. These efforts focus on three main areas: Learning About Self, Discovering Relationships, and Engaging in Community.

- Learning About Self **Developing and reflecting on** identity and personal success strategies.
- **Discovering Relationships** Fostering connections by exploring various perspectives and experiences.
- **Engaging In Community** Choosing responsible actions to better your communities and self.

By engaging with your peers, hall staff, Living Learning Community, and campus resources, your experience in the residence halls provides a rich environment for success.

**20K** 1:1 CONVERSATIONS DOCUMENTED BETWEEN ON CAMPUS STUDENTS AND THEIR RAS IN 2018-2019

# YOUR COMMUNITY. YOUR HOME. ALL IN ONE PLACE.

The residence halls at the University of Iowa are more than just a place to live. In addition to secure and comfortable surroundings, the halls provide you with a glimpse of what living independently is all about: interacting with people from various backgrounds, taking responsibility for personal behavior, and learning how to have fun – and get along – with friends and neighbors. This provides you with a dynamic and exciting living learning experience on campus.

BUILDING	BUILT	CAPACITY	RAs
BURGE	1957	961	24
CATLETT	2017	1,049	28
CURRIER	1914	628	13
DAUM	1964	320	8
HILLCREST	1939	823	19
MAYFLOWER	1966	658	22
PETERSEN	2015	501	18
RIENOW	1966	488	12
SLATER	1968	489	12
STANLEY	1966	374	12



# People You'll Meet

#### HALL COORDINATORS

Hall coordinators are full-time staff members with master's degrees in higher education. They provide student support, connection to resources, and crisis response in emergencies. Hall coordinators oversee the day-to-day operations and student development of the University of Iowa's residence hall buildings and grounds.

#### **RESIDENT ASSISTANTS (RAs)**

Among the 10 residence halls, there are approximately 150 resident assistants living on the floors. Each RA provides support to residential communities averaging 45 students. RAs are students who provide community development through individual and group interactions, are first responders to situations through duty rounds, and have a variety of administrative tasks to complete.

#### HALL GOVERNMENT AND LEADERSHIP

Each residence hall has a hall association that coordinates community events and works to improve the student experience. Students can get involved by joining the hall association executive board; elections happen each September. Associated Residence Halls (ARH) and National Residence Hall Honorary (NRHH) are two additional student organizations within the residence halls. You can get involved in these organizations by becoming senators or applying to be in NRHH after you have lived on campus for at least one semester.

#### HALL DESK SECRETARIES AND CLERKS

Information desks serve as a central resource for you. This is where you go to get your packages, check out spare keys, or to report anything in the halls that may seem out of place. Each desk is staffed by full-time clerical staff working Monday through Friday, as well as student desk clerks who are ready to help in whatever way they can.

#### **CUSTODIAL AND MAINTENANCE STAFF**

Each residence hall is maintained by in-house custodial and maintenance staff. Custodial and maintenance services are provided seven days a week, though response in non-business hours is provided on an on-call basis. Both custodial and maintenance staff operate and are supervised within University Housing and Dining. Emergency maintenance is available at the direction of the professional staff member on duty.

#### **EMBEDDED THERAPISTS**

College can be challenging, especially for those living in the residence hall for the first time. University Housing and Dining (in partnership with University Counseling Service) offers free counseling within our halls, making it easy to get the support you need. Our embedded therapists are available to help with a variety of situations, including stress management, emotional regulation, and dealing with academic demands. The embedded therapists have an office in Catlett Hall, conveniently located on the east side of campus, close to where many students live or attend class.

# Find Your Connandation

#### LLC EVENTS WERE HELD THROUGHOUT THE 2018-2019 ACADEMIC YEAR

COURSES WERE OFFERED IN 2018-2019 WITH A DIRECT LLC TIE-IN

27 DIFFERENT CAMPUS OFFICES AND DEPARTMENTS WORKED WITH LLCS IN 2018-2019

#### LIVING LEARNING COMMUNITY (LLC) EXPERIENCE

A Living Learning Community experience focuses on placing students together based academic areas of interest or identity. Students are placed in smaller residence hall communities, have support from an on-campus academic department, take a common course, and participate in events and initiatives that are unique to the LLC.

We have over a dozen LLCs that you can choose from, and offer a wide variety of options. LLCs blend the residential and academic experience, allowing you to supplement your classroom learning, make new friends, and connect with the University of Iowa and Iowa City communities.

There are also opportunities for you to partake in shared coursework and interact with faculty and staff members in more informal settings. Research shows that students who live in - and actively engage in - LLC environments are more likely to stay in college, earn higher GPAs, and experience a greater degree of satisfaction with their overall college experience.

Our goal is to create inclusive and meaningful living environments for you through programming and shared experiences. Each LLC is facilitated by a team consisting of a hall coordinator, resident assistants, and campus partners. Our campus partners are a diverse group, comprised of Iowa faculty and staff, as well as local partners from the Iowa City area. Each partner brings unique contributions to the LLC dynamic, originating from professional experience or personal interest. By exploring the theme of their LLC through multiple lenses, you have an experience in our residence halls that is significant, challenging, and memorable.



#### HONORS EXPERIENCE

The Honors Experience allows invited students to take advantage of the many resources on campus specifically for Honors students, including the Belin-Blank Honors Center. You do not take a shared course, but have opportunities to engage with a community of other Honors students.

#### **NEW STUDENT EXPERIENCE**

Open to all first year and transfer students, a New Student Experience allows you to experience everything the University of Iowa has to offer. This experience focuses heavily on the Iowa Challenge and encourages you to explore the many resources available to you on campus.

#### SECOND YEAR EXPERIENCE

The University of Iowa offers a tailored Second Year Experience on campus. Students who are selected to join can earn financial incentives based on individual and group participation, and are provided scholarship opportunites. This experience will also focus on portfolio engagements and personal reflections each semester.

#### RETURNING STUDENT EXPERIENCE

A Returning Student Experience is for students who have already lived in the residence halls for at least a year. You have the opportunity to build on experiences from your first year on campus, expand peer relationships, connect with campus staff, and develop future goals for after graduation.

#### LIVING LEARNING COMMUNITIES 2019-2020

#### ALL IN

ARTS

**BE WISE: WOMEN IN** SCIENCE AND ENGINEERING **BIZHAWKS FIRST GENERATION GLOBAL MOSAIC IOWA WRITERS** LATINX (COMING FALL 2020) LEX: LEGAL EXPLORATION LIVING LITERATURE **PEOPLE IN ENGINEERING POLITICAL MATTERS PUBLIC HEALTH** SPORT AND RECREATION MANAGEMENT WELL BEINGS YOUNG, GIFTED, AND BLACK



# ABOUT YOUR ROOM

#### WHAT WE PROVIDE

Your room comes furnished with items essential for living on campus, which varies by hall and room configuration. All provided furniture must remain in the rooms, but additional pieces from home may be added as space allows.

#### FURNITURE AND DECOR

- Bed with mattress
  (lofted, twin extra long, 36" x 80")
- Dresser
- Desk with chair
- Medicine cabinet with mirror
- Drapes
- Bulletin board
- Carpeted or vinyl plank flooring

#### ORGANIZATION

- Trash canRecycling bin
- Closet

#### TECHNOLOGY

- Data port
- Wireless internet
- Cable TV service

#### LOFTED BEDS

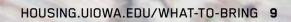
All residence hall rooms have lofted beds, and requests can be made to change the configuration of your beds. Please do not attempt to change the configuration of your beds on your own; for your safety our staff must do the work for you. For a list of possible bed configurations and dimensions, visit housing.uiowa.edu/what-to-bring.

#### MAINTENANCE AND CUSTODIAL REQUESTS

Our custodial and maintenance teams work seven days a week to maintain your college home. We take good care of it for you so that you can focus your time on studying and being a Hawkeye.

Work orders for non-emergency repairs are submitted online, and processed at all residence hall front desks. Your request will be processed within 24-48 hours. For emergency requests, contact your Hall Coordinator or Hall Desk. For a list of common repairs requested, visit housing.uiowa.edu/fix-it.





# WHAT SHOULD YOU BRING?

Not sure what you will need during your first year on campus? Think small! If you will have a roommate, communicate ahead of time and decide who is bringing which shared items.

Seasonal clothing

(consider bringing a number of lighter clothing items, which can be layered as it gets colder and shed as it warms up)

- Winter coat, hat, gloves, and boots
- Raincoat and boots
- Clothes hangers
- Bathrobe, shower shoes, and a small basket for carrying toiletries
- Towels, washcloths, and toiletry items
- Bedding: blankets, pillows, and sheets (all beds require extra long sheets, 36" x 80")
- Academic supplies (backpack, pens, notebooks, etc.)
- Computer, laptop, or tablet with charger and Ethernet cord
- Desk lamp
- Fan (for good circulation and white noise)
- Laundry basket or bag, detergent, and stain remover
- Cleaning supplies
- First-aid kit
- Bike, helmet, and bike lock

#### INSURANCE

The university does not provide insurance for your belongings. You and/or your parents should consult your current homeowner's policy to determine if your belongings are covered through a current policy. A renter's insurance policy can be purchased as part of a homeowner's policy, or you can purchase insurance through GradGuard<sup>™</sup>, which is an option provided when you select your room. You may also purchase from other insurance companies of your choosing.



ALCOHOL AND **ALCOHOL CONTAINERS** 

LOADING ZONE 30 MINUTE LIMIT 8 AM TO 5 PM

THE UNIVERSITY Welcome to our healthy campus mmunity.

> KING 002

> > BURGE

DING VEHICLE

- **ILLEGAL DRUGS AND DRUG PARAPHERNALIA**
- **TOBACCO AND VAPING DEVICES** (may be stored but not used on campus)
- FIREARMS, FIREWORKS, **OR EXPLOSIVES**
- CANDLES, INCENSE, GRILLS, • TOASTER OVENS, PIZZAZZ, **HOT PLATES, OR INSTAPOTS**

- PETS (except fish)
- **HALOGEN LAMPS** (all styles)
- **SPACE HEATERS**
- **HOVERBOARDS**
- WIRELESS PRINTERS (incompatible with UI-DeviceNet)
- **GOOGLE CHROMECAST** (incompatible with UI-DeviceNet)

HOUSING.UIOWA.EDU/WHAT-TO-BRING





Whether you elect to live with someone you've known for years or select through our roommate-matching system, having a roommate is a new experience for most incoming students. Many resources are in place to promote an environment of communication, respect, constructive conflict, and fun. Living with a roommate prepares you for life during and after college. You will likely live with someone for the rest of your life and learning about how to navigate the highs and lows of these relationships will better prepare you for those you will spend your future with. University Housing and Dining urges residents to complete roommate success plans to better understand each other's needs, beliefs, and expectations. Additionally, gender-inclusive roommate matching is available in all communities and residence halls.

At the beginning of each academic year, resident assistants (RAs) hold floor meetings during which they share tips and suggestions on how to create a strong roommate relationship based on respect for the space and each other. Then, after the third week of classes, you will meet with RAs to explain the roommate agreements that you have created and your plan of action for how to address any potential conflict moving forward.

#### COMMUNICATION

Open communication is the most important part of a healthy roommate relationship. Your RA is a great resource to assist you in creating open communication between you and your roommate.

#### RESPECT

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No one is making you agree with your roommate's beliefs, values, or likes and dislikes, but having a tolerant attitude allows you to respectfully disagree with another person without judgment. Use this opportunity to learn and grow by understanding the point of view of another person.

#### **DISAGREEMENTS ARE NORMAL**

Living with a roommate(s) isn't guaranteed to be all rainbows and butterflies, you are bound to disagree. Know that disagreements are a totally normal part of living with another person. Ask your RA for help if you need a mediator.

#### **HAVE FUN**

Living on campus should be a fun experience. Spend quality time getting to know your roommate(s) and have fun. Remember, however, that there are a lot of people in your hall you can spend time with. Get to know your neighbors and other residents in the community and make the most of the residence hall experience.



# GETTING AROUND your campus

#### CAMBUS

The university's no-fare public transit system (CAMBUS) provides fixed-route service throughout campus with stops located near each residence hall. For qualifying persons with disabilities, CAMBUS also provides the Bionic Bus, a complimentary door-to-door demandresponse service. For bus locations and predicted arrival times, riders can download the Bongo app to their mobile device, or visit www.bongo.org.

#### NITE RIDE

Nite Ride is a free late-night transportation service for University of Iowa students, faculty, and staff of all genders. The service is operated by the University of Iowa Department of Public Safety, and powered by an online ride request application, which allows users to request rides from their mobile device or desktop computer using their Hawk ID from 10:00 p.m. to 5:00 a.m. To learn more, visit police.uiowa.edu/nite-ride.

#### **BIKING AT IOWA**

Commuting by bicycle is a fast and efficient way to navigate the University of Iowa's 1,700 acre campus. It's often the quickest and most convenient way around the Iowa City/Coralville area as well. The League of American Bicyclists has designated the University of Iowa as a Silver Bicycle Friendly University. Always remember to wear a helmet and follow all Iowa City bicycle laws and regulations. It is important to ride predictably.



# BEYOND your hall

#### ABOUT THE IOWA CITY AREA

Consistently voted one of the best places to live in the U.S. by everyone from *Outside* magazine to the American Institute for Economic Research, Iowa City is home to over 74,000 residents. It's a community that takes pride in diversity, equity, and inclusion.

As a gathering place for artists of every medium, Iowa City is a cultural hub and home of some of America's most inventive minds. Iowa City is one of just 28 UNESCO Cities of Literature in the world, and one of only two in the U.S., establishing it as an international destination for creative thinkers. That energy fills the streets, creating a vibrant place that we love to call home.

#### ARTS

lowa City is a vibrant arts community, including an annual summer jazz festival that attracts international stars, book readings by acclaimed authors, and access to world-class performing arts. Whether it's enjoying a major symphony on the Hancher stage, Shakespeare in the Park, or strolling through the Iowa Arts Festival, Iowa City offers a host of arts options.

#### OUTDOORS

lowa City is home to miles of bike trails and dozens of parks including the beautiful 107-acre City Park on the banks of the Iowa River. Nearby are Lake Macbride State Park, Coralville Lake and Dam (featuring the Devonian Fossil Gorge), and F. W. Kent Park, which provide thousands of acres of camping, hunting, fishing, and boating opportunities.

#### SPORTS

The University of Iowa boasts a proud athletics tradition. Hawkeye game day experiences consistently land among the best in college athletics. Catch football games at historic Kinnick Stadium, wrestling matches and basketball games at Carver Hawkeye Arena, or worldclass swimming and diving events at the Campus Recreation and Wellness Center.

#### FOOD AND SHOPPING

The University of Iowa is located in the heart of the Iowa City downtown district, a mere city block away from gourmet restaurants, pubs, bookstores, record shops, clothing boutiques, grocery stores, and a wide array of retail options. Additional retail options are available just two blocks from downtown in the Northside Marketplace.

# Dining ON CAMPUS

#### ALL ABOUT CHOICE

Leave the cooking and the dishes to the dining team! Dining plans at the University of Iowa help you and your family select the options that best fit your schedules and budgets. A meal plan is purchased in advance of an academic semester at a discount off the walk-in price, and is required for all first-year students living on campus, as well as returning students living in a room without a university-supplied kitchen. Flex swipes are available in limited locations during fall, winter, and spring break periods. For more information on meal plans, see pages 26 and 27 of this guide.

#### FEEL BETTER MEALS

If you are unable to come to the market place due to illness, you can arrange for a meal to be brought to your room. To utilize this service, have your RA or roommate bring your ID to the market place and we can assist you.

#### WE'RE LISTENING

Market place and café menus are developed with students in mind, and your input is essential to that process. University Housing and Dining also has a Residential Dining Advisory Committee which serves as the liaison between student customers and dining management to review operations. To join the committee, or to provide comments, suggestions, and requests, email dining@uiowa.edu, or reach Jill Irvin, Director of Dining, directly at (319) 353-2046.

**3.48**M MARKET PLACE MEALS WERE SERVED DURING THE 2018-2019 ACADEMIC YEAR



### MARKET PLACES

#### **FULL-SERVICE FACILITIES**

We offer three all-you-care-to-eat market places, two on the east side in Burge and Catlett, and the other in Hillcrest on the west side. These locations accept meal swipes, flex swipes, guest swipes, and walk-in customers.

#### **BURGE MARKET PLACE**

**Monday - Thursday** Breakfast/Lunch: 7:30 a.m. - 3:30 p.m. Dinner: 5:00 - 8:30 p.m.

#### Friday

Breakfast/Lunch: 7:30 a.m. - 3:30 p.m. Dinner: 5:00 - 7:00 p.m.

Saturday and Sunday Breakfast/Lunch: 8:00 a.m. - 3:30 p.m. Dinner: 4:30 - 7:00 p.m.

#### **CATLETT MARKET PLACE**

**Monday - Thursday** Breakfast/Lunch: 7:00 a.m. - 2:30 p.m. Dinner: 4:00 - 8:30 p.m.

**Friday** Breakfast/Lunch: 7:00 a.m. - 2:30 p.m. Dinner: 4:00 - 7:00 p.m.

#### HILLCREST MARKET PLACE

Monday - Thursday Breakfast/Lunch: 7:00 a.m. - 2:00 p.m. Dinner: 3:30 - 8:30 p.m.

#### Friday

Breakfast/Lunch: 7:00 a.m. - 2:00 p.m. Dinner: 3:30 - 7:00 p.m.

#### Saturday

Breakfast/Lunch: 8:00 a.m. - 2:00 p.m. Dinner: 3:30 - 7:00 p.m.

**Sunday** Lunch: Noon - 2:00 p.m. Dinner: 3:30 - 7:00 p.m.

# **REFAIL** DINING

#### **CONVENIENCE ACROSS CAMPUS**

In addition to the three market places, we offer fourteen retail dining locations, with nine cafés, four convenience stores (c-stores), and a food truck. You can find these locations throughout campus, including the Main Library, Iowa Memorial Union, and Campus Recreation and Wellness Center. Retail locations provide a quick and easy option for student dining.

#### ORDER AHEAD ONLINE

Tapingo is a mobile app that allows customers to order food and drinks for pickup from select retail locations. Best of all, customers can use flex meals, Hawkeye Dollars, UI Charge, and bank cards. Tapingo tells students when their food is ready, so they can grab it and go. Download the app on Android and iPhone through Google Play or the App Store.

> FLEX SWIPES USED AT RETAIL LOCATIONS IN 2018-2019

BINING.UIOWA.EDU/LOCATIONS

#### BLACK'S GOLD GRILL

PETERSEN RESIDENCE HALL

Monday - Friday 11:00 a.m. - Midnight

Saturday - Sunday 4:00 p.m. - Midnight

CLINTON STREET MARKET (F) BURGE RESIDENCE HALL

Monday - Friday 8:00 a.m. - Midnight

Saturday - Sunday 11:00 a.m. - Midnight Flex Meals available during all weekday hours.

CRWC POWER CAFÉ (\$) CAMPUS RECREATION AND WELLNESS CENTER

Monday - Friday 7:00 a.m. - 11:00 p.m.

Saturday - Sunday 8:00 a.m. - 11:00 p.m.

EMRB CAFÉ ECKSTEIN MEDICAL RESEARCH BUILDING

Monday - Thursday 7:30 a.m. - 5:00 p.m.

Friday 7:30 a.m. - 4:00 p.m.

FILLING STATION (\$) DENTAL SCIENCE BUILDING

Monday - Thursday 7:30 a.m. - 5:00 p.m.

Friday 7:30 a.m. - 3:00 p.m.

FIRE UP LATE NIGHT GRILL CATLETT RESIDENCE HALL

Sunday - Thursday 9:00 p.m. - Midnight

#### FOOD FOR THOUGHT (F) UI MAIN LIBRARY

Monday - Thursday

7:00 a.m. - 11:00 p.m. Friday

7:00 a.m. - 4:00 p.m.

Sunday 4:00 p.m. - 11:00 p.m. Flex Meals available during all open hours.

**GRAND AVENUE MARKET (F)** HILLCREST RESIDENCE HALL

Monday - Friday 9:00 a.m. - 11:00 p.m.

Saturday - Sunday 11:00 a.m. - 11:00 p.m. Flex Meals available during all weekday hours.

#### MAYFLOWER MARKET (F) MAYFLOWER RESIDENCE HALL

Monday - Friday 9:00 a.m. - 11:00 p.m.

Saturday - Sunday 11:00 a.m. - 11:00 p.m. Flex Meals available during all open hours.

PAT'S DINER (F) PAPPAJOHN BUSINESS BUILDING

Monday - Thursday 7:00 a.m. - 8:00 p.m.

Friday 7:00 a.m. - 5:00 p.m. Flex Meals available during all open hours.

PAT'S TOO PAPPAJOHN BUSINESS BUILDING

Monday - Thursday 8:00 a.m. - 10:00 p.m.

Friday 8:00 a.m. - 3:00 p.m. RIVER ROOM CAFÉ (F, \$) IOWA MEMORIAL UNION

Monday - Friday 7:00 a.m. - 3:00 p.m. Flex Meals available during all open hours.

#### STREET HAWK FOOD TRUCK (F)

MAIN LIBRARY PLAZA (M,W) T. ANNE CLEARY WALKWAY (T,F) IOWA MEMORIAL UNION (TH)

Monday, Wednesday 11:00 a.m. - 3:00 p.m.

Tuesday, Friday 11:00 a.m. - 3:00 p.m.

Thursday 11:00 a.m. - 3:00 p.m. Flex Meals available during all open hours.

UNION MARKET (\$) IOWA MEMORIAL UNION

Monday - Friday 9:00 a.m. - 11:00 p.m.

**Saturday** 11:00 a.m. - 5:00 p.m.

Sunday 11:00 a.m. - 11:00 p.m.

UNION STATION (F, \$)

IOWA MEMORIAL UNION

Monday - Friday 7:00 a.m. - 7:00 p.m.

Saturday 10:30 a.m. - 4:00 p.m.

Sunday 10:30 a.m. - 7:00 p.m.

Flex Meals available during all open hours.

- F FLEX SWIPES OFFERED AT THESE LOCATIONS
- \$ CASH PAYMENT ACCEPTED AT THESE LOCATIONS
- \* HOURS ARE SUBJECT TO CHANGE FOR ALL LOCATIONS

# Handcrafted ON CAMPUS

#### AWARD-WINNING CHEFS

University Housing and Dining is home to nine full-time chefs with over 50 years combined experience in a wide variety of culinary fields. Each market place has a dedicated head chef, in addition to bakery, catering, and cold foods chefs. The dining team works diligently to craft a menu that is nutritious and current with popular food trends.

#### UNIVERSITY CATERING

Whether you are looking for meeting snacks or a full-service meal option, we are available to assist you in your next event. Centrally located in the Iowa Memorial Union, University Catering has a full menu for student organizations at a discounted rate. This includes - but is not limited to - beverages, appetizers, snacks, buffet meals, served dinners, and desserts. Place an order online at catering.uiowa.edu/students.

#### LEADERS IN SUSTAINABILITY

We work with over 20 local lowa farmers, orchardists, growers and vendors to purchase local foods when possible in an effort to provide fresher, better tasting foods and limit our environmental impact by reducing transportation distance.

University Housing and Dining has been a leader in implementing the pre-consumer and post-consumer food waste program since 2007 and serves as a model for other institutions, including restaurants and grocery stores in Johnson County. Our food pulpers reclaim, and save, 2.25 million gallons of water per year, and help to compost approximately 450,000 pounds of food scraps every year.

#### HAWKEYE TREATS CARE PACKAGES

Send love to your student! University Housing and Dining has a variety of care packages and seasonal treats for any occasion, including final exams, birthdays, holidays, get well soon wishes, or just because. Order at dining.uiowa.edu.

STUDENT EMPLOYEES WORKED FOR DINING IN 2018-2019



# MAKING Nutritious Choices

#### **ON-STAFF DIETITIAN**

Laura Croteau, RD, LD, our registered dietitian, is available to help you with food allergies, navigating the market places, making a nutritious plate, NetNutrition<sup>®</sup>, and other nutrition-related questions. Contact Laura directly at (319) 353-2299 or laura-croteau@uiowa.edu for further details and information.

#### **NETNUTRITION<sup>®</sup>**

NetNutrition<sup>®</sup> is an online tool to view menu allergens and nutrition information for items served in our market places. Within NetNutrition<sup>®</sup> you can filter by dining location, allergens, and other preferences such as vegan and vegetarian options. This program can help you make more informed choices while dining with us.

75 - MEETINGS WITH STUDENTS REGARDING ALLERGIES AN NUTRITION IN 2018-2019

DINING.UIOWA.EDU/NUTRITION

# **Dietary & Allergen** CONSIDERATIONS

We want to ensure everyone dining with us has a safe experience. There are several options available for those with food allergies or other dietary requests. University Housing and Dining's registered dietitian, Laura Croteau, is available for consultations with students who have dietary concerns. Additionally, the University of Iowa works to assist those with dietary needs in a variety of ways.

Thrive, the allergy-free station in Burge Market Place, offers foods prepared exclusively with ingredients which do not contain gluten or the following allergens: milk, eggs, fish, wheat, soy, shellfish, peanuts, and tree nuts.

All food and menu items are clearly labeled with icons that state whether an item contains gluten and or the following allergens: milk, eggs, fish, wheat, soy, shellfish, peanuts, and tree nuts. For more allergen information, visit dining.uiowa.edu/nutrition.

Almond and soy milk are available for those who are lactose intolerant, have a milk allergy, or have a food preference.

There are clearly labeled vegetarian and vegan options available throughout our market places.

If you have a religious preference that excludes the consumption of pork or pork products, please speak with one of our dining team members. Halal beef and chicken are available upon request.

You can choose to get your meals prepared in the back of the kitchen to limit the possibility of cross-contact. This requires a doctor's note and completion of a request for accommodation form, which can be found at **dining.uiowa.edu**/ nutrition.

Our market places each have a fridge with gluten-free products such as bread, buns, bagels, cookies, and other goodies. We also have gluten-free noodles, chicken tenders, and pizza available upon request.

University of Iowa Housing and Dining cannot guarantee the accuracy of nutrition information. Nutrition and ingredient information may vary due to product substitutions and formulation by the manufacturer prior to product purchase by the university. Additionally, cross-contact and other variables are beyond the university's control. Individuals with food-related dietary concerns should be aware of this risk and understand that University Housing and Dining does not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any UI dining location. For individualized assistance please contact Laura Croteau at laura-croteau@uiowa.edu or (319) 353-2299 or speak with a manager or chef in your respective market place.

### CONTINUE THE **SUCCESS** YOU'VE STARTED

#### LIVE ON CAMPUS BEYOND YEAR ONE

Are you considering your housing options as a second, third, or fourth-year student? Looking for the convenience of a furnished room and dining close to it all? As a University of Iowa student, you can experience all the benefits of on-campus living as long as you want!

Each year, over 1,100 Hawkeyes just like you return to live in the residence halls after their first year. Returning to the residence halls is a great option as we offer flexible contracts for study abroad, graduation, internships, and coops outside of Johnson County.

#### CAMPUS LIFE CURATED BY YOU

With a variety of room types, locations, and amenities, you're sure to find something that fits your lifestyle. Plus, we take the guesswork out by offering special returneronly hall tours. You also have the option of using roommate matching, selecting your own roommate, and/or living with a group of friends on the same floor.

#### **EVERYTHING YOU NEED**

We know the importance of convenience. Choosing to live on campus gives you access to a variety of academic support, leadership opportunities, dining options, and everything Iowa City has to offer. Plus, you don't have to worry about monthly bills; water, electricity, heat, cable, and internet are all covered by the cost of your housing contract.

The 2019-2020 returner application will open November 1, 2019. For information, and to apply, visit housing.uiowa.edu/return.

# 1,200+ TO ON-CAMPUS LIVING FOR 2019-2020

STUDENTS CHOSE TO RETURN

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# NOTES

### 2019-2020 DATES TO REMEMBER

AUGUST 18, 2019 EARLY MOVE-IN DAY; ADDITIONAL COST APPLIES

AUGUST 20-22, 2019 NEW STUDENT MOVE-IN

AUGUST 24, 2019 RETURNING STUDENT MOVE-IN

**NOVEMBER 1, 2019** RETURNING RESIDENT APPLICATION OPENS

**NOVEMBER 23-DECEMBER 1, 2019** FALL BREAK

DECEMBER 16-20, 2019 FINAL EXAM WEEK

DECEMBER 21, 2019-JANUARY 20, 2020 WINTER BREAK; RESIDENCE HALLS CLOSED

MARCH 14-22, 2020 SPRING BREAK

MAY 11-15, 2020 FINAL EXAM WEEK

MAY 16, 2020 END OF SPRING SEMESTER; RESIDENCE HALLS CLOSE AT NOON

#### HOUSING DURING UNIVERSITY BREAKS

You may stay in the halls at no cost during fall and spring breaks with prior registration. Winter break housing is available in all halls for a flat rate of \$300.

Students taking summer courses are allowed to stay in the halls during summer break. For rates, and details, visit housing.uiowa.edu/summer-semester.

# RATES, PRIVACY AND ACCOMMODATIONS

#### **RESIDENCE HALL RATES AND BILLING**

Residence hall room charges are billed once a semester via the university bill, making it easy to utilize scholarships and financial aid. All room rates include heat, electricity, air conditioning, water, cable TV, internet, and garbage services. Rates cover the academic year, including Fall and Spring breaks. Below is a chart outlining the most common room rates. More detailed information may be found on our website.

ROOM TYPE/ BUILDING(S)	YEARLY PRICE	HAWKEYE DOLLARS	TOTAL RATE
DOUBLE IN TRADIȚIONAL HALLS'	\$6,875	\$200	\$7,075
DOUBLE IN MAYFLOWER HALL'	\$7,711	\$200	\$7,911
DOUBLE IN CATLETT AND PETERSEN HALLS	\$7,911	\$200	\$8,111
SINGLE IN TRADITIONAL AND MAYFLOWER HALLS	\$8,906	\$200	\$9,106
SINGLE IN CATLETT AND PETERSEN HALLS <sup>2</sup>	\$9,968	\$200	\$10,168
TRIPLE IN TRADITIONAL HALLS <sup>2</sup>	\$5,809	\$200	\$6,009

<sup>1</sup> Our most common room type.

<sup>2</sup> Extremely limited availability.

#### **MEDICAL (ADA) ACCOMMODATIONS**

The University of Iowa and University Housing and Dining are committed to providing equitable opportunities in higher education and programs for academically qualified students regardless of disability. Students with a variety of disabilities and chronic medical conditions are welcome and encouraged to live in campus housing. We value the contributions all students make in our communities. Student needs differ individually, and we will make reasonable accommodations for students with disabilities.

If you are a student who requires an accommodation, please fill out a request for reasonable accomodation at **housing.uiowa.edu/assignments** and submit the completed form as soon as possible after submitting your housing application.

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#### GUEST ACCOUNTS AND INFORMATION PRIVACY

As a student, you should understand your rights, as well as the limitations of your families' involvement in your life while at college under the law.

The Family Educational Rights and Privacy Act (FERPA) limits the information that can be shared with families without your express consent. University staff members will be able to discuss policies and regulations in general terms, but will be unable to provide specific information about you. We encourage you to reach out directly to work with staff members when concerns arise and maintain open communication with your family to ensure a positive Hawkeye experience. University staff members are trained to help you navigate the university and support you as you manage roommate experiences, have billing questions, etc. as you become an independent adult. More details about FERPA are available at housing.uiowa.edu/FERPA.

As a parent and/or family member, you should understand your rights and the rights of your student, as well as the limitations of your involvement in your student's life away from home under the law. While some offices on campus do provide guest accounts for parents and families to access student information, this is not a practice in University Housing and Dining. University Housing and Dining staff members will be able to discuss policies and regulations in general terms, but will be unable to provide specific information about your student. This means we are unable to speak with you on specifics of billing questions, roommate relationships, room changes, etc. University staff members are trained to help students process these questions and situations, helping students to gain skills and experiences that will help them navigate the university and learn to ask for help as they become independent adults and global citizens.

#### MEAL PLANS

Our meal plans offer both flex and market place swipes. The most versatile option available, flex swipes can be used in the all-you-care-to-eat market places and at the retail locations that accept flex meals. The gold and black meal plans also offer meal swipes for use exclusively in market place locations.

Market place meals will draw from the number of market place swipes provided in your meal plan (unlimited for gold, 145 for black). Once you run out of market place swipes, flex swipes will be used automatically. Every meal plan contains 75 flex swipes for use in market place and retail locations. In retail locations, a swipe can be used to purchase a meal comprised of one entrée, two sides, and a drink.

MEAL PLAN	MEALS INCLUDED	FLEX SWIPES	GUEST MEALS	COST PER SEMESTER
GOLD <sup>1</sup>	UNLIMITED	75	8	\$1,890
BLACK <sup>1</sup>	145	75	8	\$1,705
HAWKEYE	N/A	75	N/A	\$735
HERKY BOOSTER <sup>2</sup>	N/A	25	N/A	\$250 <sup>2</sup>

<sup>1</sup> Any meals or flex swipes remaining on the gold, black, or Hawkeye meal plans at the end of the semester do not roll over to the next semester. Unused meals are forfeited and non-refundable.

<sup>2</sup> Flex swipes remaining on Herky Booster Packs roll over into the next semester. All flex swipes expire at the end of spring semester, and are non-refundable. The cost for Herky Booster Packs are on a per-purchase basis, not a per-semester rate.

#### MODIFY YOUR MEAL PLAN

Some restrictions apply, but currently enrolled students may modify or cancel their meal plan at the beginning of each semester. Meal plan changes are not permitted after September 6, 2019 for fall semester, and January 31, 2020 for spring semester. Cancellations during the first three weeks will follow the refund schedule detailed at dining.uiowa.edu/meal-plan-refunds, regardless of meals eaten.

To modify, cancel, or check your meal plan balance visit **dining.uiowa.edu**. Students who withdraw from the university or cancel their non-resident meal plan will receive a prorated refund regardless of the number of meals eaten. Meal plan cancellation date is determined based on when a resident officially checks out of their hall.

Questions regarding meal plans should be directed to Contracts and Assignments, located at 4141 Burge Hall, (319) 335-3000.

#### **GUEST MEALS**

All gold and black meal plans include eight additional guest meals per semester. You can use these meals to treat a friend to a meal in either Burge, Catlett, or Hillcrest Market Places. Unused guest meals expire at the end of each semester.

#### WALK-IN PRICING

For customers without a meal plan contract, Burge, Catlett, and Hillcrest Market Places accept the follow forms of tender: UI Charge, Hawk Dollars, Visa, MasterCard, or Discover. The charge for breakfast is \$8 and \$11 for lunch or dinner.

#### **HAWKEYE DOLLARS**

Hawkeye Dollars are funds existing in a declining balance account available to you from your room contract, and may be used at University Housing and Diningoperated campus dining locations, laundry services, and select vending machines in the residence halls.

Additional Hawkeye Dollars may be added to your account any time online at dining.uiowa.edu/hawkeyedollars, or by using one of the Hawkeye Dollars reloading stations conveniently located at the Burge, Hillcrest, Catlett, and Mayflower lobbies.

Hawkeye Dollars expire upon termination of your affiliation with the University of lowa as a current student, faculty, or staff member, or upon twelve (12) months of inactivity in the account, whichever comes first. You may apply for a refund of unused Hawkeye Dollars when your affiliation with the University of Iowa ends. Refunds will carry a \$20 refund processing fee that will be deducted from the balance.

UNIVERSITY HOUSING AND DINING 4141 BURGE HALL IOWA CITY, IA 52242

319-335-3000

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