



Photography in this publication courtesy of Student Life Communications, and University of Iowa Strategic Communications.

# **ABOUT IOWA**

The University of Iowa is a top public research university located on a 2,100-acre campus in Iowa City, Iowa. More than 30,000 students enroll at Iowa each year, of which 19% are first-generation students. International students from over 100 countries make up 5% of the University's enrollment.

Established in 1847, the University of lowa has earned international recognition for its wealth of achievements in the arts, sciences, and humanities. It was the first U.S. public university to admit men and women on an equal basis and the first institution of higher education in the nation to accept creative work in theater, writing, music, and art as theses for advanced degrees. It established the first law school and the first educational radio station west of the Mississippi, broadcasted the world's first educational television programs, and has developed prominent educational testing.

# **ONLINE RESOURCES**

University homepage uiowa.edu

**A-Z search** uiowa.edu/a-z

**Division of Student Life** studentlife.uiowa.edu

Office of Campus Safety safety.uiowa.edu

For further phone and web contact information, see pages 24-27 located at the back of the calendar.

# **IOWA LINGO**

# Learn common University of Iowa terms:

#### **Duo Login**

The two-factor authentication system that adds an extra layer of security to online accounts. Push notifications to the Duo Mobile app are the safest, fastest, and most reliable way to complete your logins

#### Hawk ID

A combination of letters (typically your student's first initial and last name) that is unique to each student, used for identification and access to online University systems

#### **ICON**

Iowa Courses Online: the University's course management system and your student's source for information and content for their courses

#### **IMU**

Iowa Memorial Union: the hub of student life and events, places to eat, Nurse Care, the Iowa Hawk Shop Bookstore, and many study spaces

#### Iowa One Card

Your student's official University ID card

#### LLC

Living-Learning Communities: small groups of students who live together in residence halls and share common interests and goals

#### MyUI

The online portal for University information and student records

#### Ped Mall

Pedestrian Mall: the hub of downtown lowa City featuring specialty stores, dining, and entertainment options

#### **Pentacrest**

The center area of campus that includes the Old Capitol and four stately buildings; Schaeffer Hall, Macbride Hall, MacLean Hall, and Jessup Hall

#### RA

Resident assistant: each residence hall floor has an RA who assists students and helps run the floor

#### TA

Teaching assistant: graduate students who assist professors in teaching courses

#### University ID #

The multiple digit identification number listed on your student's lowa One Card



The UI Parent and Family Network keeps you informed and connected to campus throughout your student's time at lowa. It serves as the hub for university-family partnerships and the website functions as a gateway to resources across campus, including health and safety, financial aid, and more. The Parent and Family Network also hosts a variety of events and programming throughout the year.

## **UI Parent and Family Council**

The Parent and Family Council provides opportunities for parents/guardians who want to be involved and make a positive impact on undergraduate student life at Iowa.

**Applications open in June and will be accepted until August 1.** For more information about participation, visit our website.

# → PARENTS.UIOWA.EDU



# **TABLE OF CONTENTS**

This calendar has been curated to introduce important resources and provide suggested conversation topics at specific points of the academic year. You may need to utilize resources before the month they are shared. Below is a table of contents with information about the topics featured each month.

August Transistioning to campus and On Iowa!

**September** Well-being and roommate conflicts

October Recreational Services and Financial Aid

**November** Advising and academic success

**December** Preparing for Winter Break

January Off-campus housing and career preparation

February Study Abroad

March Preparing for Spring Break

**April** Campus Safety

May Celebrating a successful year



# **WELCOME TO THE UNIVERSITY OF IOWA!**

We are honored to have you as members of the Hawkeye family. Whether you are sending your first, middle, last, or only child to lowa, you and your student are embarking on a journey that is sure to bring you discovery, as well as joy, and maybe a little stress. I am a parent of a college student, so I truly know what you're experiencing. It's natural to have questions or concerns as your student comes to campus. Please encourage your student to connect with all the support services that are here to help. Iowa is a special place big enough for endless opportunities, but small enough that every student will have multiple caring faculty and staff members who know them.

The Division of Student Life will be one of your partners during your student's time at lowa. We are here to support the student experience holistically, and you can learn more about what we offer in the following pages. We help students find places they belong, people who will be on their team,

passions to explore within and beyond their major, and paths to success as a Hawkeye. Most importantly, our job is to believe in your student: in their talents, their contributions, their well-being, and their success.

The family calendar is designed specifically for you. It includes dates, deadlines, contact information, and tips that will help make your student's time at lowa as successful and fulfilling as possible. When my oldest, Evan, started in 2019, I found the calendar helpful, cueing me to check in with him on key dates, such as getting ready for registration, or supporting him as he made his way in his residence hall community.

My staff and I are here to serve all Hawkeye students and families, and we are thrilled you chose the University of Iowa. You made a great decision!

On lowa!



# **AUGUST**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Did You Know?  Students receive a University bill (U-Bill) email to their Ulowa account at the beginning of each month. U-Bill payments are due on or around the 22nd of each month. For U-Bill dates, visit: registrar.uiowa.edu.					01	02
03	04	05	06	07	08	09
10	CSI:1600 Success at lowa course opens	12	13	14	15	Residence Hall move-in
Residence Hall move-in	Residence Hall move-in	Residence Hall move-in	20 On Iowa!	21	22	23 Returning student move-in
	0.5	0.0	Aug. 17 - 24	0.0	0.0	0.0
24	25	26	27	28	29	30
31	Classes begin		Engaged Hay	wkeves Week		
01			Aug. 25	wkeyes Week - Sept. 3		

# MANAGING EXPECTATIONS AND TRANSITIONS

## **Transition Tips for Parents**

- Be willing to listen to your student
- Empower your student to take the initiative to solve their own problems
- Familiarize yourself with the campus resources that may be helpful for your student
- Remember your student is experiencing a great deal of change in their college transition
- Avoid second-guessing your student or providing too much supervision
- Send care packages or letters and keep in touch

### Questions to ask your student:

- > What are you learning in CSI:1600 Success at Iowa?
- What On Iowa! events are you planning to attend?

## Success at Iowa opens on August 11

CSI:1600 Success at lowa is a required online course for all new students. The course is divided into five stages and assists with their transition to college. New students learn timely information to help them reach their goals and make the most of their experiences as a Hawkeye. The course opens in Iowa Courses Online (ICON) on August 11.

# **WELL-BEING AT IOWA**

### → WELLBEING.UIOWA.EDU

Student Care and Assistance coordinates efforts to assist students with overcoming challenges to be successful and continue towards graduation. Student Care and Assistance is a great first step for students to get help with a wide variety of issues, supporting University of Iowa undergraduate, graduate, postdoc, and professional students. Student Care and Assistance specializes in helping students who are experiencing crisis or emergency situations.

#### dos.uiowa.edu/assistance

Student Health provides primary medical care for registered University of lowa students—the same care you would receive from a health care provider in your hometown. A registered nurse can be reached by phone 24 hours per day. Most office visits to student health are covered by the Student Health fee. Students will be seen by board-certified physicians and nationally certified physician assistants who are dedicated to the field of college health care. They partner closely with University of lowa Health Care for specialty care and services.

Student Health has two locations: in Westlawn and the lowa Memorial Union Nurse Care Clinic.

#### > studenthealth.uiowa.edu

University Counseling Service (UCS) offers students a full range of culturally informed counseling and mental health services including group, individual, and couples counseling. UCS assists students in maintaining a mentally healthy life and works with students with mental health concerns when they negatively impact their sense of wellness and academic and personal lives.

All UCS counseling services are free and confidential.

Additionally, lowa students have access to a clinically moderated peer mental-health support resource. Through a collaboration with **Togetherall**, students can engage with a global community of peers, giving and receiving peer support in a safe and anonymous online environment, available 24/7/365.

#### > counseling.uiowa.edu

Student Wellness offers health promotion services aimed to help students develop healthy lifestyles now and for their futures. With a staff including certified health educators, a dietitian, a fitness specialist, and substance use counselors, students can take advantage of free one-on-one consultations for nutrition, fitness, stress management, sleep, and use of alcohol, tobacco and other drugs.

Student Wellness has two locations: in Westlawn and the Campus Recreation and Wellness Center.

> studentwellness.uiowa.edu



# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	University holiday, offices closed	02	3 Student Engagement Fair	04	05	06
	Eng	aged Hawkeyes W Aug. 25 - Sept. 3	eek			
07	08	09	10	11	12	13
		Cultural Greek 101				
14	15	16	17	18	19	20
		Study Abroad Fair	1 DILO D	•		
		IFC	and PHC Recruitn Sept. 14 - 29	nent		
21	22	23	24	Fall Career Fair 25	26	27
			and PHC Recruitn Sept. 14 - 29			
Homecoming Week Sept. 21 - 27						
28	29	30				
<b>IFC and PHC</b> Sept.	<b>Recruitment</b> 14 - 29					

# ROOMMATE CONFLICTS AND RESOURCES FROM **RESIDENCE EDUCATION**

The Residence Education Staff assists students with their transition to college and makes every effort to enhance their residence hall living experience. Through the Residence Education Model, your student will be introduced to a variety of campus and community resources, and can choose to participate in a variety of events and activities planned by Resident Assistants, the Residence Hall Activities Board, and the Hall Association.

While the process of living with roommates can be stressful for even the most easygoing student, the overwhelming majority live together well and form positive relationships. A common concern for students living in the residence halls is: "Will I get along with my roommate?"

#### Here are some tips for you to share with your student in order to make their roommate experience a positive one:

- Communication is key!
- Be open to new perspectives and ideas.
- You have a resident assistant for a reason; talk to them!

Consider what you need for the room to be harmonious and then advocate for yourself when talking with your roommate. Consider compromising to allow you and your roommate(s) to have a great experience.

All students are required to complete a roommate agreement with their RA during the first few weeks of the semester. For more information, go to **housing.uiowa.edu/roommates**.



# **OCTOBER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Questions to ask your student:  → What is your favorite part of being in college so far?  → How are you preparing for midterms?  → How have you been able to get involved on campus?		01	02	03	04	
05	06	07	08	Fall Engineering Career Fair	10	11
12	13	14	15	16	17	18
19	20	21	22	23	Family V	<b>Veekend</b> 4 - 26
26	27	28	29	30	31	

# FINANCIAL MATTERS

Students can apply for financial aid by using the Free Application for Federal Student Aid (FAFSA) at studentaid.gov

To apply for need-based aid programs for the 2026-2027 school year, make sure your student submits the FAFSA as soon as possible after it becomes available on October 1. 2025. Some financial aid is offered on a first-come, first-served basis. 2025-2026 FAFSAs can still be filed through June 30, 2026.

Many students are able to help finance their education through income earned from a part-time job. The University of Iowa offers a variety of part-time jobs on campus. In addition, jobs are available off-campus in the Iowa City/Coralville community. For information to aid your student in finding a part-time job, visit our website,

careers.uiowa.edu/jobs/student-employment.

The Office of Student Financial Aid staff works to promote financial literacy through education and resources so that students have the information necessary to make informed borrowing and financial decisions. Staff

## BRENDA BUZYNSKI

Assistant provost and director of Student Financial Aid





# **NOVEMBER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Early Registration  All current students register for the next semester during Early Registration. Early Registration runs from November 10 – December 5.					01	
02	03	04	Returning student housing application opens	06	07	08
09	Early Registration begins	11	12	13	14	15
16	Last day to withdraw entire registration Last day to drop a semester-length course	18	19	20	Dining market places close at 2 p.m.	22
23	24	25	26	University holiday, offices closed	University holiday, offices closed	29
30			Fall Break Nov. 23 - 30			

# **ACADEMIC SUCCESS**

By November, students will have settled into their academic routine, taken midterm exams, and completed challenging academic work. If they aren't happy with their progress, it's not too late to try new academic strategies and resources. University instructors hold drop-in hours as an opportunity for students to ask questions about course material and assignments. Students can utilize a variety of academic assistance, including tutoring, Supplemental Instruction (SI), help labs, and many library services. Learn more at **tutor.uiowa.edu**.

During November, students will continue their conversations with their academic advisors about their plan of study and the resources available to help them succeed. They should expect to discuss their final course choices for spring at their registration appointment in November or early December. Most first-year students are advised in the Academic Advising Center (AAC); students admitted directly to the College of Business, Education, Engineering, Public Health, Nursing, or Pharmacy have an advisor within their college. Academic Advising Center information can be found at **advisingcenter.uiowa.edu**.

### Questions to ask your student:

- Have you utilized academic resources such as Supplemental Instruction, Tutor Iowa, or drop-in hours?
- How have your interests changed this semester?
- What classes are you taking in the spring semester?

#### Did You Know?

Tutor lowa is a virtual academic resource for undergraduate students. Support options include help centers, supplemental instruction (SI) offerings, private tutors for hire, and academic success worksheets and videos. To learn more about academic support options, visit **tutor.uiowa.edu**.



# **DECEMBER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01	02	03	04	05	06
	Dining market places resume service				Housing cancellation request deadline	
07	08	09	10	11	12	13
			Housing assignment and contract deadline		Last day of classes	
14	15	16	17	18	19	20
					University Dining contract ends	
			Finals Week Dec. 15 - 19			Residence Halls closed for Winter Break at noon
21	22	23	24	25	26	27
				University holiday, offices closed	University holiday, offices closed	
28	29	30	31	Questions t	o ask your stu	dent:
				→ How is study finals going?	ring for 😕 Hov care	v are you taking e of yourself?



# **ALICIA JOENS**

Career coach, Pomerantz Career Center

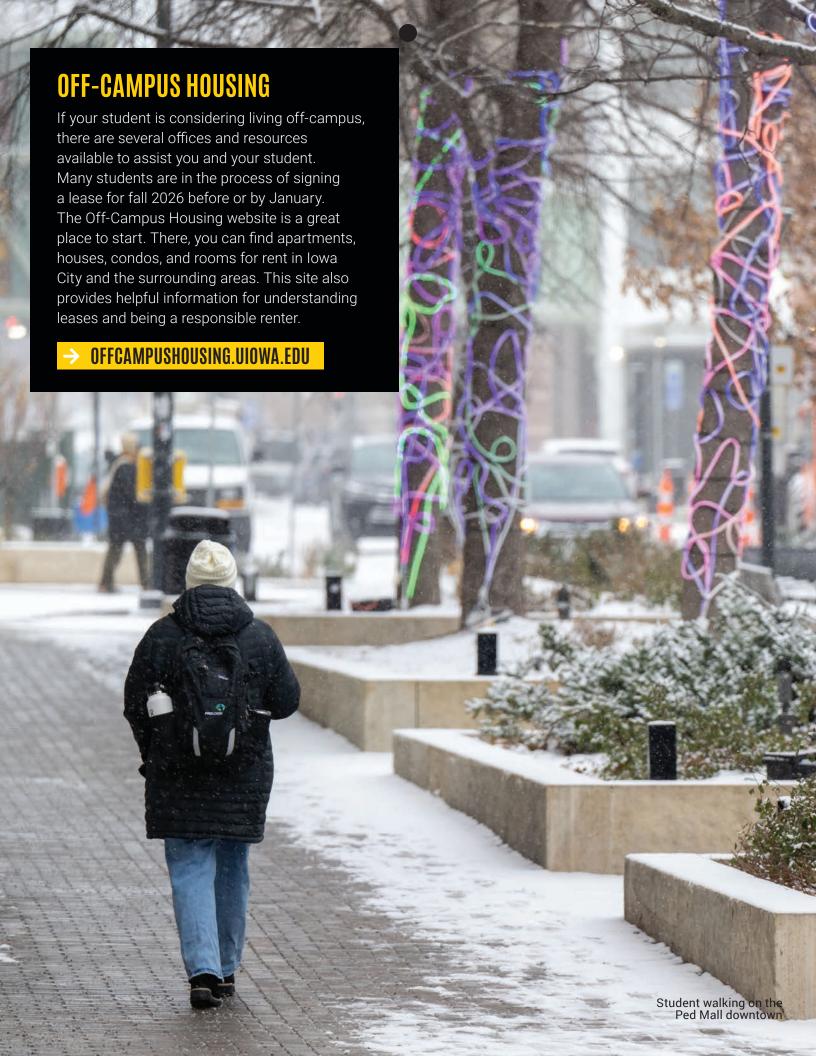
# **CAREER** PREPARATION

One of the most important facets of your student's journey is the need to start preparing for their future career.

The Pomerantz Career Center assists students with career exploration and professional development. How can you help your student meet their career goals?

- Encourage an appointment with a career coach who will be knowledgeable about various career fields, industries, companies, and occupations.
- If your student is an open major, recommend taking a career assessment.
- Suggest joining a student organization or volunteering in the community so your student can gain new skills and build their résumé. Plus, employers like to see campus and community involvement!

For more information, visit careers.uiowa.edu.



# **JANUARY**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Did You Know?</b> The Pomerantz Career Center offers numerous resources for your student, including interview skills, resume writing, and connections to internship, job, and volunteer opportunities.				University holiday, offices closed	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	Residence Halls open University Dining contract resumes
18	University holiday, offices closed	Classes begin MLK	21 Jr. Human Rights	22 Week	23	24
25	26	27 Engagement Fest	28	29	30	31

### Iowa Memorial Union Centennial Celebration

As the IMU celebrates its centennial during the 2025-2026 academic year, renovations will be underway, starting a new chapter in the rich history of the IMU.

Find out more by visiting imu.uiowa.edu/centennial.

#### **Did You Know?**

Getting involved matters. Students who participate in campus life are more likely to be successful, earn higher GPAs, and are more likely to graduate. There are a variety of opportunities for students living on and off-campus to get involved, including student organizations, student employment, research, and service learning.

Find out more by visiting leadandengage.uiowa.edu.

# **STUDENT LEGAL SERVICES**

Student Legal Services (SLS) provides free, confidential legal advice and representation to enrolled students. Staffed by licensed attorneys, SLS helps students in areas such as tenants' rights, criminal defense, name changes, consumer rights, criminal record expungements, and contract review.

Located on the ground floor of the Iowa Memorial Union, SLS can be the first stop for any legal issue. To schedule an appointment with one of SLS's licensed attorneys, students can visit the website **studentlegal.uiowa.edu**, call **319-335-3276**, or email **student-legal@uiowa.edu**.

# **STUDY ABROAD**

The opportunity to study abroad and encounter another culture directly is one of the richest educational experiences available. The University of lowa encourages your student to study or intern abroad and sponsors more than 200 programs in the Americas, Europe, Asia, Africa, and Oceania.

Whether studying or interning abroad, students develop decision-making, problem-solving, intercultural communication, and other marketable skills which give them an advantage in the global economy after graduation.

While abroad your student will stay on track for graduation by satisfying requirements for their major, minor, certificate, and/or the General Education: CLAS Core.

The cost of study abroad programs is dependent on several factors, including the program structure, program length, and local cost of living, as well as whether a student pays in-state or out-of-state tuition. In most cases, institutional aid and federal financial aid can be used toward study abroad, making study abroad affordable for all students. In addition, the Study Abroad Office awards approximately \$500,000 a year in scholarships and grants.

International opportunities are available throughout the year. Programs are offered in the summer, winter, fall, and spring semester, and for the academic year. Where, when, and how long your student studies abroad depends on their academic, professional, and personal goals.

Encourage your student to attend a Discover Study Abroad information session to learn how study abroad works and to find the right international opportunity for them. It is never too early to start planning.

→ INTERNATIONAL.UIOWA.EDU/STUDY-ABROAD



# **FEBRUARY**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Did You Know?  The Writing Center is a free resource for all students seeking feedback and assistance on their writing projects. Students can submit a draft or schedule an appointment at writingcenter.uiowa.edu.						
01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	Spring Engineering Career Fair	20	21
22	23	24	25	26 Spring Career Fair	27	28

# **PARKING AND TRANSPORTATION**

The University of Iowa has multiple resources to help your student get around campus – including public transit, bicycling, and parking. The most notable of these is the **UI CAMBUS** system. CAMBUS is a fixed-route bus system providing service to the entire campus. Bus stops are located conveniently and provide frequent service to the residence halls. CAMBUS rides are free and available to everyone. The Bionic Bus, operated by CAMBUS, is a specialized service for persons with disabilities.

Riders can download the mobile app **Transit** to track bus locations in real-time, see departure predictions, and receive guided navigation. To receive service alerts like detours, riders should favorite the routes they ride. Bus fares in lowa City are free and students can participate in the UPASS program to purchase discounted

bus fares for Coralville transit services.

Miles of sidewalks, pedestrian paths, and bridges provide scenic routes to travel around campus. There are also many bicycle amenities in the local communities, including repair stations, dedicated bike lanes, and trail systems. Students should register their bicycle through **Bike Index** to help identify a bicycle if it is lost or stolen.

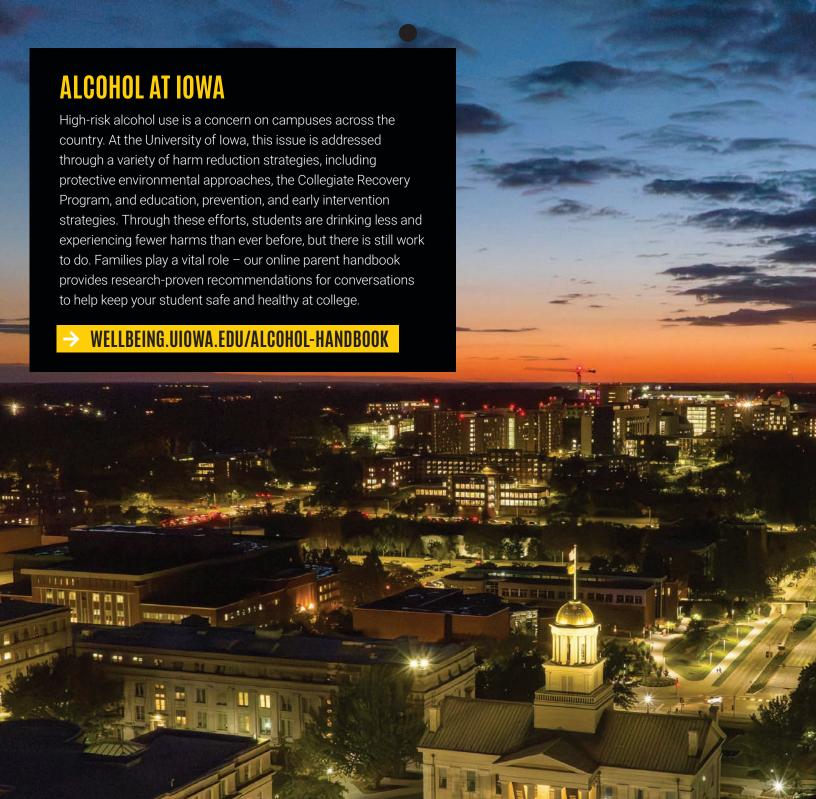
For trips home during break periods, a ridematching service called **UI Rideshare** is offered to help students connect with other students traveling the same direction.

Parking on campus is limited and provided by a mix of hourly and permit parking. In general, it is recommended students do not bring a vehicle to campus. Students who bring motorcycles or mopeds to campus must obtain a permit

to park in motorcycle parking lots on campus. Students are required by the Board of Regents to register any motor vehicle they bring to campus. Registering a vehicle is completed online through the Parking Portal at **parking.uiowa.edu**.







lowa City at night

# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05	06	07
08	09	10	11	12	13	14
					Dining market places close at 2 p.m.	
15	16	17	18	19	20	21
			Spring Break March 15 - 22			
22	23	24	25	26	27	28
	Dining market places resume service					
29	30	31			to ask your stı	ıdent:
					r classes going? managing your time c	luring midterms?

We know students may experience challenges during their college career that impact their ability to fully participate academically and socially on campus. The Dean of Students team coordinates efforts with our campus partners to assist students in overcoming these challenges to get back on track to achieve success at Iowa.

# ANGIE REAMS, PHD

Associate vice president and dean of students



While your student navigates their journey at the University of lowa, it is vital that you talk with them about their academics and co-curricular activities so that they may make the most of their educational experiences.

It is important that your student is given the knowledge and tools necessary to make informed decisions. Spring Break is the perfect time to have a conversation with your student about safe choices regarding drugs and alcohol.

## **SAFETY ON CAMPUS**

Campus Safety is committed to creating a safe and welcoming community for all students, faculty, staff, and visitors. The organization includes eight departments that are committed to all facets of campus safety, including the UI Police Department, Security Services, Emergency Management, the Threat Assessment Team, Security Engineering Services, Clery Compliance, Emergency Communications, and Fire Safety. Safety services are available 24-hours a day and are provided by trained and experienced professionals whose goal is to educate the university community on personal safety and crime prevention, which they achieve through educational programs, community outreach, safety planning, and follow-up support.

### → SAFETY.UIOWA.EDU

### Student safety resources include:

- Rave Guardian is a free mobile app that allows users
  to set a safety timer for their walk home, call Campus
  Safety with the touch of a button, and text anonymous tips
  to UI Police. For access to the campus network, students
  should sign up using their UI email address.
- **Nite Ride** is a free late-night transportation service available to UI students, faculty, and staff. Request a ride between 10 p.m. and 5 a.m. 7 days a week, or an express ride directly to your destination for \$1.
- Hawk Alert is one layer of the campus emergency notification system. Hawk Alerts are used to notify campus when there is an immediate threat to the health or safety of the campus community. Text message is the fastest way to receive an alert, and settings can be updated on MyUI.
- **Safety Training** Campus Safety offers a variety of free and low-cost personal safety training courses, including but not limited to CPR, personal safety and self-protection, Rape Aggression Defense (R.A.D.), and Civilian Response to Active Shooter Events (CRASE).
- Student Care Coordinators Campus Safety
  has partnered with the Division of Student Life to support
  a care coordinator position that provides follow-up support
  services for students who have had law enforcement
  contact, crisis intervention, or hospitalization.



# **APRIL**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>Questions to ask your student:</li> <li>→ What is the plan for summer? Coming home? Internship? Summer classes?</li> <li>→ What classes are you taking next semester?</li> </ul>			01	02	03	04
05	06	07	08	09	10	11
12	Early Registration begins	14	15	16	17	18
19	Last day to withdraw entire registration Last day to drop a semester-length course	21	22	23	24	25
26	27	28	29	30		

# WELL-BEING AND BASIC NEEDS

### **Food Insecurity**

The **Food Pantry at Iowa** provides free nutritious food and necessities for University of Iowa students, postdocs, faculty, and staff. Conveniently located in the lower level of the Iowa Memorial Union, the Food Pantry at Iowa offers a variety of food and other supplies. Hours are listed on their website.

#### basicneeds.uiowa.edu/food-pantry

**Hawkeye Meal Share** provides meal swipes to students struggling with financial resources. Students in need of meals can access the application and learn more about the program on the website.

dos.uiowa.edu/assistance/hawkeye-meal-share

## Financial and Other Support

The **Student Life Emergency Fund** provides financial assistance to students experiencing emergencies or unforeseen circumstances that negatively and severely impact their academic success.

#### dos.uiowa.edu/assistance/student-life-emergency-fund

The **Clothing Closet at Iowa** provides students with access to quality, free, new or used, professional clothing and is located on the ground floor of the Iowa Memorial Union, adjacent to the Food Pantry at Iowa.

basicneeds.uiowa.edu/clothing-closet





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Congratulations! You've made it through your first year as a proud member of the Hawkeye family!					01	02
03	04	05	06	07	D8	09
10	11	12	13	14	University Dining contract ends	16
			Finals Week May 11 - 15			University Housing contract ends at noon
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	University holiday offices closed					

# CELEBRATING A **SUCCESSFUL YEAR**



You and your student have completed your first year as members of the Hawkeye family. Take time to celebrate, show your Hawkeye spirit, and continue the proud tradition of the University of Iowa.

On Iowa and Go Hawks!

The word is "Fight! Fight! Fight! for IOWA," Let every loyal lowan sing;

The word is "Fight! Fight! Fight! for IOWA,"
Until the walls and rafters ring (Go Hawks!)
Come on and cheer, cheer, cheer, for IOWA
Come on and cheer until you hear the final gun.
The word is "Fight! Fight! Fight! for IOWA,"
Until the game is won.

Written by Meredith Willson

### Questions to ask your student:

- Finals are right around the corner, what are you doing to prepare?
- → What is the plan for move-out?

Herky the Hawkeye, Iowa's official mascot, was created in 1948 as the symbol of Hawkeye athletics. Drawing his name as a shortened version of the Greek strong-man Hercules, Herky's first mascot appearance occurred in 1959 at a football game. Today, he remains a staple of Iowa Hawkeye pride.

# **ACADEMICS**

#### Earning a Degree at Iowa

Your student will be working toward a degree consisting of three components: general education coursework, major coursework, and elective coursework. General education coursework is designed to provide your student with the skills needed for a lifetime of learning and for a first career. Your student will learn how to pose questions, find answers, evaluate attitudes and beliefs, and adapt to change. Major coursework exposes students to the academic field of their choice, focusing on in-depth study of complex problems, issues, and ideas. Work in the major encourages students to form academic ties with both instructors and peers while acquiring indepth knowledge. Elective coursework rounds out a student's degree program. Each of these three required components allows significant choice for students, encouraging them to follow their passions and interests.

### Minors and **Certificate Programs**

Students who seek additional opportunities may choose to complete a minor or certificate as well as their bachelor's degree program. Students can earn a minor or certificate in any area that offers one, even in another college within the University.

#### **Semester Hours**

A semester hour (s.h.) is a unit of measurement. Each course is worth a certain number of semester hours of credit. This number is based on hours spent in class and the two hours of homework that is expected for each class meeting. Semester hours for each course are added to determine a student's classification:

First-Year: 0-29 s.h. earned Sophomore: 30-59 s.h. earned Junior: 60-89 s.h. earned Senior: 90 + s.h. earned

### Degree Audit

Each student has an individual degree audit, located in MyUI (MyUI.uiowa.edu). The degree audit helps your student to monitor progress toward graduation by comparing the coursework completed, to the courses required for their degree. The degree audit also tracks a student's GPA.

#### **Academic Contacts and Resources**

#### **Academic Advising Center**

319-353-5700 • advisingcenter.uiowa.edu

#### **Main Library**

319-335-5299 • lib.uiowa.edu

**Mathematics Tutorial Laboratory** 319-335-0810 • math.uiowa.edu

#### **TRIO Student Support Services**

319-335-1288 • uc.uiowa.edu/students/trio-student-support-services

**Tutor Iowa** 

**Writing Center** 

319-467-1561 • tutor.ujowa.edu

319-355-1681 • honors.uiowa.edu

**University of Iowa Honors Program** 

319-335-0188 • writingcenter.uiowa.edu

#### **Academic Policies**

Find information regarding each of the following topics on the website of the Office of the Registrar (registrar.uiowa.edu).

- · Academic policies of specific undergraduate colleges (links are in the MyUI Student Handbook)
- · Graduation information
- · Policy on human rights
- · Policy governing undergraduate and professional students enrolled in courses outside their own college or degree program
- · Registration information
- · Release of student records
- · Significant deadlines
- · Student complaints concerning faculty actions
- · Tuition information: tuition assessment, resident classification for tuition purposes
- · University terminology

## **Grade Reports**

Grades are reported on MyUI about a week after the end of exam week. Students are able to view grades at MyUI.uiowa.edu.

#### **Final Examinations**

Dates and times of all final examinations are announced around the fifth week of classes. Your student will receive this exam schedule from the Registrar through email at their uiowa.edu address. Your student should consult this schedule before making any travel plans. Students are not excused from exams for family holiday plans or events.

Remind your student to check their uiowa.edu email address frequently for important news and reminders.

## **Academic Recognition**

#### **University of Iowa Honors Program**

Students can apply to join the Honors Program as either entering or current students. Honors students engage with a community of peers, staff, and faculty through an array of honors classes and experiential options including research, study abroad, and internships. Honors-only classes feature an enriched classroom environment and handson experiences with honors peers. Honors builds community through programming and supports students with scholarship opportunities and skill-building resources. Optional honors housing enables members to connect across colleges and majors. The University Honors curriculum encourages engagement in high impact practices, supported by access to faculty, professional staff, and peer mentors. Achievement is recognized at graduation with University Honors designated on transcript and diploma.

#### Dean's and President's Lists

The Dean's List recognizes undergraduate students who achieve a GPA of 3.50 or above on 12 s.h. or more of graded work and who have no hours of I (incomplete) or O (no report) for that semester.

The President's List recognizes undergraduates who achieve a GPA of 4.00 for 12 s.h. or more of graded work and who have no hours of I (incomplete) or O (no report) for two consecutive semesters (excluding summer sessions).

### Changes in Registration — Adding or Dropping a Course

Students can make most registration changes in MyUI, including drops and adds. Please visit the Office of the Registrar website for the most current registration information: registrar.uiowa.edu and click on the Registration tab. If your change is not allowed in MyUI you may use the email option. Details are listed at: registrar.uiowa.edu/ email-option-make-change-registration. All changes can be made in MyUI. If you have any questions, please contact the UI Service Center for information on how to process the

change you need. UI Service Center: 2700 UCC, registrar@uiowa.edu or 319-384-4300.

# FINANCIAL

### University Bill (U-Bill)

Student U-Bills are created on the first business day of each month and are available online through MyUI. The first bill for the fall semester will be ready in August and the first bill for the spring semester will be ready in January. Students receive an email to their Ulowa email account at the beginning of each month, notifying them that their U-Bill is available to review online. Students may choose to invite a guest or parent to have access to their student information. This allows guests and parents to view and pay the U-Bill each month.

Payment for the U-Bill is due on or around the  $22^{nd}$  of each month. There are two payment options:

- · Payment of Total Balance Due
- · Deferred Payment Plan:

Tuition and contracted Housing and Dining charges can be deferred and paid over the first three months of fall and spring semesters. By paying the minimum payment due listed on the monthly U-Bill, students are automatically enrolled in the Deferred Payment Plan. Students that choose to take advantage of the Deferred Payment Plan will be charged a fee each semester. For more information on the Deferred Payment Plan and Deferred Payment Fee please visit the University Billing website at: ubill.fo.uiowa.edu/service-charges

If a payment of at least the minimum payment due is not received by the monthly due date, the account may be charged a late payment fee. For more information on the Late Payment Fee please visit the University Billing website at: ubill.fo.uiowa.edu/payment-options

U-Bill payment methods include:

- Online through MyUI using a checking or savings account
- **Mail** checks can be mailed to the payment processing center, using the address listed on the U-Bill payment stub
- Credit Card a non-refundable service fee is assessed for all credit and debit card transactions. For more information on credit card service fees please visit the University Billing website at: ubill.fo.uiowa.edu/can-my-university-bill-be-paid-credit-card

Tuition and fees information can be found at: registrar.uiowa.edu

## University Records and Documents Fee

All new students enrolled at the University of Iowa will be assessed a single "University Records and Documents Fee". The non-refundable fee combines existing fees into one package to facilitate assessment, student service, and satisfaction.

For more information, please see the Registrar's website at: registrar.uiowa.edu/university-records-and-documents-fee

### Financial Contacts and Resources

#### **University Billing Office**

319-335-0071 or 800-943-4557 ubill.fo.uiowa.edu

#### Office of Student Financial Aid

319-335-1450 financialaid.uiowa.edu financial-aid@uiowa.edu

# Colleges at the

## **University of Iowa**

### **Carver College of Medicine**

451 Newton Road 319-335-6707 • medicine.uiowa.edu

#### **College of Dentistry**

801 Newton Road 319-335-7499 • dentistry.uiowa.edu

#### **College of Education**

240 S. Madison St. 319-335-5359 • education.uiowa.edu

#### **College of Engineering**

3100 Seamans Center for the Engineering Arts and Sciences 319-335-5764 • engineering.uiowa.edu

#### **College of Law**

280 Boyd Law Building 319-335-9034 • law.uiowa.edu

# College of Liberal Arts and Sciences

120 Schaeffer Hall 319-335-2633 • clas.uiowa.edu

#### **College of Nursing**

101 Nursing Building 319-335-7018 • nursing.uiowa.edu

#### **College of Pharmacy**

180 S. Grand Ave. 319-335-8795 • pharmacy.uiowa.edu

#### **College of Public Health**

100 College of Public Health Building 319-384-1500 • public-health.uiowa.edu

#### **Graduate College**

205 Gilmore Hall 319-335-2144 • grad.uiowa.edu

### **Tippie College of Business**

C140 Pappajohn Business Building 319-335-1037 • tippie.uiowa.edu

#### **University College**

310 Calvin Hall 319-335-1497 • uc.uiowa.edu

# STUDENT LIFE

#### Student ID Card

The lowa One Card is the University's official photo identification card and is required to gain access to facilities and services across campus. Students must visit <code>iam.uiowa.edu/cards</code> to request an lowa One Card and submit their photo. For questions, please visit <code>idcard.uiowa.edu</code> or email <code>idcard@uiowa.edu</code>.

### **Technology Services for Students**

The IT Services for Students website provides tips, resources and tools for students to get set up with technology efficiently and effectively. Some topics on this site include:

- **Software:** UI students have access to many software titles, including the ability to install Microsoft Office on up to five computers for free.
- Internet access on campus: Wireless connectivity on campus (called eduroam) is available in all buildings, residence halls, and many public spaces. Students living in dorms receive wired Internet access (called ResNet). An Ethernet cable is required.
- Computer labs and printers: Students have access to many computers and printers on campus in labs called Instructional Technology Centers (ITCs).
- Office 365: Microsoft Office 365 is the UI's email system. It also provides access to file storage, Microsoft Office Online, and much more.

Visit the website at: its.uiowa.edu/it-services-students

Students with technology questions should contact the Help Desk by phone at **319-384-HELP (4357)**, by email at **its-helpdesk@uiowa.edu**, or visit the website at **its.uiowa.edu**.

### Student Care and Assistance – Dean of Students

Student Care and Assistance provides assistance to students experiencing crisis and emergency situations. Student Care helps students with:

- hospitalizations
- · medical emergencies or illness
- · mental health concerns
- death of a family member
- natural disasters (fire, tornado, displacement, etc.)

If a situation arises or you have questions, concerns, or need more information, please contact the DOS office at **319-335-1162**,

dos-assistance@uiowa.edu, or visit dos.uiowa.edu/assistance.

#### **Additional Contacts and Resources**

#### Academic Resource Center (ARC)

tutor.uiowa.edu/arc-academic-resource-center

#### **Afro-American Cultural Center (Afro House)**

multicultural.uiowa.edu/culturalcenters/afrohouse

#### Asian Pacific American Cultural Center (APACC)

multicultural.uiowa.edu/culturalcenters/apacc

#### **Athletic Ticket Office**

1-800-424-2957 • hawkeyesports.com

#### **Benefits Office/Student Health Insurance**

319-335-2676 · hr.uiowa.edu/benefits

#### **Clothing Closet**

basicneeds.uiowa.edu/clothing-closet

#### **Daily Iowan**

319-335-6030 · dailyiowan.com

#### **Dental Clinics**

319-335-7499 · dentistry.uiowa.edu

#### **Family Services**

319-335-3558 • hr.uiowa.edu/family-services

#### **Food Pantry**

basicneeds.uiowa.edu/food-pantry

#### Fraternity and Sorority Life (FSL) Programs

319-335-3059 • fsl.uiowa.edu

#### Hancher

319-335-1160 or 800-HANCHER (462-2437) hancher.uiowa.edu

#### **International Programs (Study Abroad)**

319-335-2700 • international.uiowa.edu/study-abroad

#### Iowa Memorial Union (IMU)

319-353-4468 • imu.uiowa.edu

#### Information Technology Services (ITS) Help Desk

319-384-HELP (4357) • its.uiowa.edu/helpdesk

#### Latino Native American Cultural Center (LNACC)

multicultural.uiowa.edu/culturalcenters/lnacc

#### **Leadership and Engagement**

319-335-3059 · leadandengage.uiowa.edu

#### Office of the Dean of Students (DOS)

319-335-1162 · dos.uiowa.edu

#### Office of the Registrar

319-384-4300 • registrar.uiowa.edu

#### Office of Student Accountability (OSA)

319-335-1527 · dos.uiowa.edu/accountability

#### Office of Student Learning

319-467-1561 • asr.uiowa.edu

#### **Orientation Services**

319-335-1497 • newstudents.uiowa.edu

#### **Parking and Transportation**

319-335-1475 · transportation.uiowa.edu

# STUDENT SAFETY

### **Rights and Privileges**

As a member of the University of Iowa community, students can enjoy certain rights and privileges. Among these are the right to be free from discrimination and sexual harassment, the right to discuss and exchange ideas, the right to be involved in University governance, and the right to privacy. The University is guided by a single principle that is reaffirmed in our publications:

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, Office of Civil Rights Compliance, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, ui-ocrc@uiowa.edu.

### **Policies and Regulations**

UI Policies and Regulations Affecting Students is an important resource that outlines the rights and responsibilities granted to every student in the University of lowa community. These policies are posted at **dos.uiowa.edu/policies**. At the start of the semester, your student will receive an email notice about the policies.

### **Safety Contacts and Resources**

#### **Cambus**

319-335-8633 • transportation.uiowa.edu/cambus

#### **Campus Safety**

319-335-5022 • safety.uiowa.edu

#### **NiteRide**

319-384-1111 • niteride.its.uiowa.edu/request

#### **Domestic Violence Intervention Program (DVIP)**

800-228-1625 • 800-373-1043

### The Office of Civil Rights Compliance (OCRC)

319-335-0705 · ocrc.uiowa.edu

For additional information, refer to *A-Z Search* on the University of Iowa homepage at: **uiowa.edu/a-z** 

#### Pathways to Excellence

319-467-1561 · asr.uiowa.edu

#### **Pomerantz Career Center**

319-335-1023 · careers.uiowa.edu

#### **Pride Alliance Center (Pride House)**

multicultural.uiowa.edu/culturalcenters/pridehouse

#### **Recreational Services**

319-335-9293 · recserv.uiowa.edu

#### **Student Care and Assistance**

319-335-1162 · dos.uiowa.edu/assistance

#### **Student Disability Services (SDS)**

319-335-1462 • sds.studentlife.uiowa.edu

#### **Student Health**

319-335-8370 • studenthealth.uiowa.edu

#### **Student Legal Services (SLS)**

319-335-3276 • studentlegal.uiowa.edu

#### **Student Wellness**

319-335-8394 · studentwellness.uiowa.edu

#### **Undergraduate Admissions**

319-335-3847 · admissions.uiowa.edu

#### **University Counseling Service (UCS)**

319-335-7294 · counseling.uiowa.edu

#### Well-being at Iowa

wellbeing.uiowa.edu

#### Women's Resource and Action Center (WRAC)

319-335-1486 · wrac.uiowa.edu

### **Getting Home and Back**

Bus service to and from Iowa City is offered by Burlington Trailways and Greyhound. Airports serving the Iowa City area are: Eastern Iowa Airport (25 miles from campus) and Quad Cities Airport (65 miles from campus).

#### For more information:

- Burlington Trailways: burlingtontrailways.com
- Greyhound: greyhound.com
- Eastern Iowa Airport: flycid.com
- Quad Cities Airport: qcairport.com

#### **Housing and Dining Contacts and Resources**

#### **University Housing**

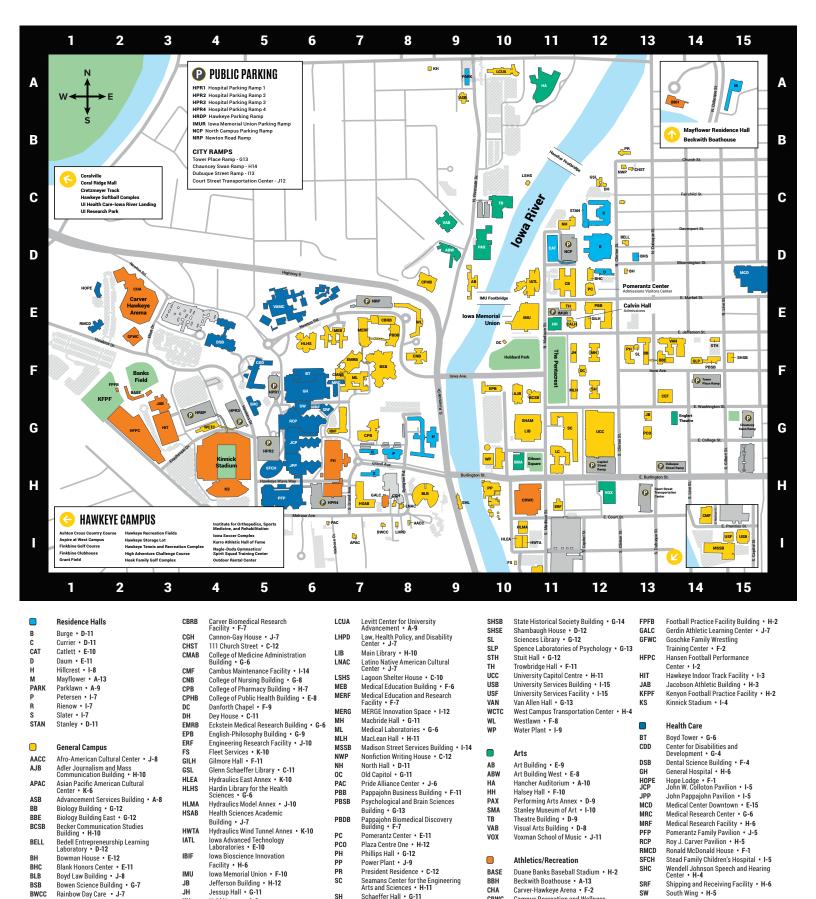
319-335-3000 · housing.uiowa.edu

#### **University Dining**

319-335-3000 • dining.uiowa.edu

#### **Off-Campus Housing Service**

offcampushousing.uiowa.edu



#### VISIT MAPS.UIOWA.EDU FOR ADDITIONAL CAMPUS MAPS

Lindquist Center • I-10

CALH

Calvin Hall • F-11

Chemistry Building • E-11

The University of lowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, Office of Civil Rights Compliance, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, ui-ocrc@uiowa.edu.

Iowa City Veterans Affairs Medical Center • F-5

VAMC

Schaeffer Hall • G-11

Shambaugh Auditorium • H-10

Stanley Hydraulics Laboratory • J-8

CRWC

Campus Recreation and Wellness Center • J-10

Field House • I-6

SH