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# **ABOUT IOWA**

The University of Iowa is a major national research university located on a 2,100-acre campus in Iowa City, Iowa. More than 31,000 students enroll at Iowa each year, 20% of which are minority students, and 18% first- generation students. International students from over 100 countries make

up 5% of the University's enrollment.

Established in 1847, Iowa has earned international recognition for its wealth of achievements in the arts, sciences, and humanities. Iowa was the first U.S. public university to admit men and women on an equal basis and the first institution of higher education in the nation to accept creative work in theater, writing, music, and art as theses for advanced degrees. It established the first law school and the first educational radio station west of the Mississippi, broadcasted the world's first educational television programs, and has developed prominent educational testing.

## **ONLINE RESOURCES**

University Homepage uiowa.edu

#### A-Z Search

uiowa.edu/a-z

## Division of Student Life studentlife.uiowa.edu

staderitire.diowa.edd

## Office of Campus Safety

safety.uiowa.edu

For further phone and web contact information, see pages 24-27 located at the back of the calendar.

## **IOWA LINGO**

# Become fluent in common University of Iowa terms:

#### **Duo Login**

The university uses Duo Security tools, including the Duo Mobile app, to manage the Two-Step Login process. You may hear the system referred to as either "Two-Step" or "Duo." Push notifications to the Duo Mobile app are the safest, fastest, and most reliable way to complete your logins

#### Hawk ID

A combination of letters (typically your student's first initial and last name) that is unique to each student, used for identification and access to online University systems

#### ICON

lowa Courses Online: your student's online source for information and content for their courses

#### **IMU**

Iowa Memorial Union: the hub of student life and events, places to eat, Nurse Care, the Iowa Hawk Shop Bookstore, and many study spaces

#### Iowa One Card

Your student's official University ID card

#### LLC

Living-Learning Communities: small groups of students who live together in residence halls and share common interests and goals

#### MyUI

The online portal for University information and student records

#### Ped Mall

Pedestrian Mall: the hub of downtown Iowa City featuring specialty stores, dining, and entertainment options

#### **Pentacrest**

The center of campus featuring the Old Capitol building at its center

#### RA

Resident Assistant: each residence hall floor has an RA who assists students and helps run the floor

#### TA

Teaching Assistant: TAs are graduate students who assist professors in teaching courses

#### University ID #

The multiple digit identification number listed on your student's lowa One Card



The UI Parent and Family Network helps keep you informed and connected to campus throughout your student's time at lowa. It serves as the hub for university-family partnerships and the website functions as a gateway to resources across campus, including health and safety, financial aid, and more. The Parent and Family Network also hosts a variety of events and programming throughout the year. Be on the lookout for some exciting updates coming to the Parent and Family Network in Spring 2025.

The Parent and Family Council provides opportunities for parents/guardians who want to be involved and make a positive impact on undergraduate student life at Iowa. Applications go live in May and will be accepted until August 1. For more information about participation, visit our website.

You can learn more about the UI Parent and Family Network and the UI Parent and Family Council at:

# **UI Parent and Family Council** PARENTS.UIOWA.EDU

Sarah Hansen

Vice President for Student Life

## TABLE OF CONTENTS

This calendar has been curated to introduce important resources and provide suggested conversation topics at specific points of the academic year. You may need to utilize resources before the month they are shared. Below is a table of contents with information about the topics featured each month.

August Transistioning to Campus and On Iowa!

September Well-being and Roommate Conflicts

October Recreational Services and Financial Aid

**November** Advising and Academic Success

**December** Preparing for Winter Break

January Off-Campus Housing and Career Preparation

February Study Abroad

March Preparing for Spring Break

**April** Campus Safety

May Celebrating a Successful Year



## **WELCOME TO THE UNIVERSITY OF IOWA!**

We are honored to have you as members of the Hawkeye family. Whether you are sending your first, middle, last, or only child to Iowa, you and your student are embarking on a journey that is sure to bring you discovery, as well as joy, and maybe a little stress. I am a parent of college students, so I truly know what you're experiencing. It's natural to have questions or concerns as your student comes to campus. Please reach out and encourage your student to reach out to all the support services that are here to help. I truly believe that lowa is a special place - big enough for endless opportunities, but small enough that every student will have multiple caring faculty and staff members who know them.

The Division of Student Life will be one of your partners during your student's time at lowa. We provide most everything outside the classroom that supports your student in succeeding. We are here to support the student experience holistically, and you can learn more about what we offer in the

following pages. We help students find places they belong, people who will be on their team, passions to explore within and beyond their major, and paths to success as a Hawkeye. Most importantly, our job is to believe in your student: in their talents, their contributions, their well-being, and their success

The family calendar is designed specifically for you. It includes dates, deadlines, contact information, and tips that will help make your student's first year at Iowa as successful and fulfilling as possible. When my oldest, Evan, started in 2019, I found the calendar helpful, cueing me to check in with him on key dates, such as getting ready for registration, or supporting him as he made his way in his residence hall community.

My staff and I are here to serve all Hawkeye students and families, and we are thrilled you chose the University of Iowa. You made a great decision!

On lowa!



# **AUGUST**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
each month. U-E	ow? e an email to their Ul Bill payments are du Il dates, visit: <b>regist</b>	e on or around the 2	01	02	03	
04	05	06	07	08	09	10
11	Success at lowa Opens	13	14	15	16	Residence Hall Move-In
Residence Hall Move-In	Residence Hall Move-In	Residence Hall Move-In	On Iowa!	22	23	24 Returning Student Move-In
			Aug. 18 - 25			
25	Classes Begin National Pan-Hellenic Council Orientation	27	28	29	30	31

# MANAGING EXPECTATIONS AND TRANSITIONS

#### **Transition Tips for Parents**

- Be willing to listen to your student
- Help your student by empowering them to take the initiative to solve their own problems
- Familiarize yourself with the campus resources that may be helpful for your student
- Remember that your student is experiencing a lot in their college transition
- Avoid second-guessing your student or providing too much supervision
- Send care packages or letters and keep in touch

#### Questions to ask your student:

- → What are you learning in the Success at Iowa course?
- → What On Iowa! events are you planning to attend?

#### Success at Iowa opens on August 12

Success at Iowa is a required online course providing new students with information at each stage of their transition to help them reach their goals and get the most out of their experiences at the University of Iowa. This course opens on August 12 on Iowa Courses Online (ICON).

## **WELL-BEING AT IOWA**

#### **Health and Wellness Support**

Student Health provides primary medical care for registered University of Iowa students—the same care you would receive from a health care provider in your hometown. A registered nurse can be reached by phone 24 hours per day. Office visits to Student Health are covered by a student's health fee. Students will be seen by board-certified physicians and nationally certified physician assistants who are dedicated to the field of college health care. They partner closely with University of Iowa Health Care for specialty care and services.

Additional services, such as labs, vaccinations, and certain types of procedures and examinations are billed to the student's insurance.

Student Health has two locations—in Westlawn and the lowa Memorial Union Nursecare Clinic.

#### > STUDENTHEALTH.UIOWA.EDU

University Counseling Service (UCS) offers students a full range of culturally informed counseling and mental health services including group, individual, and couples counseling. UCS assists students in maintaining a mentally healthy life and works with students with mental health concerns when they negatively impact their sense of wellness and academic and personal lives.

All UCS counseling services are free and confidential.

UCS has locations at Westlawn, Catlett Residence Hall, the College of Dentistry, the College of Law, Tippie College of Business, and the University College (serving IVETS and military-connected individuals and families).

#### → MENTALHEALTH.UIOWA.EDU

Student Wellness offers health promotion services aimed to help students develop healthy lifestyles now and for their futures. With a diverse staff including certified health educators, a dietitian, a fitness specialist, and substance abuse counselors, students can take advantage of free one-on-one consultations for nutrition, fitness, stress management, sleep and use of alcohol, tobacco and other drugs.

Student Wellness also offers educational workshops to groups, online screening and incentive programs, and health events across campus. Student Wellness has two locations – in Westlawn and the Campus Recreation and Wellness Center.

STUDENTWELLNESS.UIOWA.EDU



# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
01	02	03	04	05	06	07	
	University Holiday, Offices Closed		Student Engagement Fair				
08	09	10	11	12	13	14	
						Weekend	
15	16	17	18	19	20	21	
	Multicultural Greek Council Orientation	Study Abroad Fair		<b>IFC Formal 1</b> Sept.	Recruitment 18-24		
		РНС	Primary Recruitn Sept. 15-29	nent			
22	23	24	25	26	27	28	
IFC	Formal Recruitm Sept. 18-24	ent		Fall Career Fair			
PHC Primary Recruitment Sept. 15-29							
29	30	Programs can help and provide civic en	tters. Students who pa students develop lifelo gagement opportunitie	articipate in campus life ng leadership skills, off es to students both on a and Sorority Life, visit: l	er incredible experient and off-campus. To lea	ial service-learning, arn more about	

# ROOMMATE CONFLICTS AND RESOURCES FROM THE OFFICE OF RESIDENCE EDUCATION

The Residence Education Staff assists students with their transition to college and makes every effort to enhance their residence hall living experience. Through the Residence Education Model, your student will be introduced to a variety of campus and community resources, and participate in many learning experiences tailored to what community your student chose to live in, such as New Student Experience, a Living Learning Community, or Honors.

While the process of living with someone can be stressful for even the most easygoing student, the overwhelming majority of roommates live together well and form positive relationships. A common concern of students living in the residence halls is: "Will I get along with my roommate?"

#### Here are some tips for you to share with your student in order to make their roommate experience a positive one:

- Communication is key!
- Be open to new perspectives and ideas.
- You have a Resident Assistant for a reason: talk to them!

Consider what you need for the room to be cohesive and then advocate for yourself when talking with your roommate, however, also consider compromising to allow both you and your roommate(s) to have a great experience.

All students are required to complete a roommate agreement with their RA during the first few weeks of the semester. For more information, go to **housing.uiowa.edu/roommates** 



# **OCTOBER**

01 02 03 04	05							
06 07 08 09 10 11	12							
Fall Engineering Career Fair								
13 14 15 16 17 18	19							
20 21 22 23 24 25 2	26							
Homecoming Week Oct. 20-26								
27 28 29 30 31								

# FINANCIAL MATTERS

Students can apply for financial aid by using the Free Application for Federal Student Aid (FASFA) at studentaid.gov

To apply for need-based aid programs for the 2025-2026 school year, make sure your student submits the FAFSA as soon as possible after it becomes available. Some financial aid is offered on a first-come, first-served basis.

#### Questions to ask your student:

- What is your favorite part of being in college so far?
- How have you been able to get involved on campus?
- How are you preparing for midterms?

Many students are able to help finance their education through income earned from a part-time job. The University of Iowa offers a variety of part-time jobs on campus. In addition, jobs are available off-campus in the Iowa City/Coralville community. Here is information to aid your

student in finding a part-time job:

careers.uiowa.edu/jobs/student-employment

The Office of Student Financial Aid staff works to promote financial literacy through education and resources so that students have the information necessary to make informed borrowing

are accessible by phone, email, drop-in, Zoom, and scheduled one-on-one appointments.

#### BRENDA BUZYNSKI

Assistant Provost and **Director of Student** Financial Aid





# **NOVEMBER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Early Registration  All current students register for the next semester during "Early Registration". Early Registration runs from November 11 – December 6.					01	02	
03	04	05	06	07	08	09	
10	11	12	13	14	15	16	
17	Last day to withdraw entire registration Last day to drop a semester-length course	19	20	21	University Dining contract ends	23	
24	25	26	27	University Holiday, Offices Closed	University Holiday, Offices Closed	30	
Fall Break Nov. 23 - Dec. 1							

# **ACADEMIC SUCCESS**

By November, students will have settled into their academic routine, taken midterm exams, and completed challenging academic work. If they aren't happy with their progress, it's not too late to try new academic strategies and resources. University instructors hold office hours as an opportunity for students to ask questions about course material and assignments. The University also offers a variety of academic assistance, including tutoring, supplemental instruction, help labs, and many library services. Details are at **tutor.uiowa.edu**.

During November, students will also continue their conversation with their academic advisor about their plan of study and the resources available to help them succeed. They should expect to discuss their final course choices for spring at their registration appointment in November or early December. Most first year students are advised in the Academic Advising Center (AAC); students who were admitted directly to the College of Business, Education, Engineering, Public Health, Nursing, or Pharmacy have an advisor within their college. Academic Advising Center information can be found at **advisingcenter.uiowa.edu**.

#### Questions to ask your student:

- Have you utilized academic resources such as supplemental instruction, Tutor Iowa, or office hours?
- How have your interests changed this semester?
- What classes are you taking in the spring semester?

#### Did You Know?

Tutor lowa is a virtual centralized location for academic resources offered to undergraduate students. Support options include help centers, Supplemental Instruction (SI) offerings, private tutors for hire, and academic success worksheets and videos! To learn more about academic support options, visit: **tutor.uiowa.edu** 



# **DECEMBER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05	06	07
	University Dining contract resumes					
08	09	10	11	12	13	14
					Last day of classes	
15	16	17	18	19	University Dining contract ends	21
			Finals Week Dec. 16 - 20			Residence Halls closed for Winter Break at noon
22	23	24	25	26	27	28
			University Holiday, Offices Closed	University Holiday, Offices Closed		
29	30	31		<b>Questions t</b> o How is study finals going?	<b>o ask your stu</b> ring for → Hov care	dent: v are you taking e of yourself?

# OFFICE OF ACCESS AND SUPPORT

The Office of Access and Support (OAS) provides an affirming space and opportunities that foster student success, eliminate equity gaps, and create a sense of belonging for all students. OAS strives to be the campus leader for the access and success of students, especially those from under-resourced school districts and communities. Through individual student support and passionate collaboration, OAS supports University of lowa students' educational experience by fostering an environment for them to actualize their goals, find community, and become well-equipped global citizens. The OAS provides academic coaching, holistic support, and student engagement opportunities that promote student success, enrich the student experience, and are designed to increase the retention and graduation rates of students at the University of Iowa.





# **JANUARY**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Did You Know?  The Pomerantz Career Center offers numerous resources for your student, including interview skills, resume writing, and connections to internship, job, and volunteer opportunities.  Visit careers.uiowa.edu for more information.			University Holiday, Offices Closed	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	Residence Halls open University Dining contract resumes
19	University Holiday, Offices Closed	Classes begin MLK	Jr. Human Rights	23 Week	24	25
26	27	28	29	30	31	

# **CAREER** PREPARATION

One of the most important facets of your student's journey is the need to start preparing for their future career.

The Pomerantz Career Center assists students with career exploration and professional development. How can you help your student meet their career goals?

- Encourage an appointment with a Career Coach who will be knowledgeable about various career fields, industries, companies, and occupations.
- If your student is an open major, recommend taking a career assessment.
- Suggest joining a student organization or volunteering in the community so your student can gain new skills and build their résumé. Plus, employers like to see campus and community involvement!

For more information, visit: careers.uiowa.edu

We are eager to assist students as they begin contemplating, "What work environments and job duties interest me?" and "What experiences do I need to develop my skill set?". Our career communities allow for a tailored approach for advising students based on their career interests. We encourage students to visit us early and often to discuss plans and next steps!

#### **ALICIA JOENS**

Career Coach, Pomerantz Career Center





## **STUDY ABROAD**

The opportunity to study abroad and encounter another culture directly is one of the richest educational experiences available. The University of lowa encourages your student to study or intern abroad and sponsors more than 200 programs in the Americas, Europe, Asia, Africa, and Oceania.

Whether studying or interning abroad, students develop decision-making, problem-solving, intercultural communication, and other marketable skills which give them an advantage in the global economy after graduation.

While abroad your student will stay on track for graduation by satisfying requirements for their major, minor, certificate, and/or the General Education: CLAS Core. Our records show that students have a higher probability of graduating in four years if they participate in an international experience during their time at UI.

The cost of study abroad programs is dependent on several factors, including the program structure, program length, and local cost of living, as well as whether a student pays in-state or out-of-state tuition. In most cases, institutional aid and federal financial aid can be used toward study abroad, making study abroad affordable for all students. In addition, the UI Study Abroad office awards approximately \$500,000 a year in scholarships and grants.

International opportunities are available throughout the year. UI offers programs in the summer, winter, fall and spring semester, and for the academic year. Where, when, and how long your student studies abroad depends on their academic, professional, and personal goals.

Encourage your student to attend a Discover Study Abroad information session to learn how study abroad works and to find the right international opportunity for them. It is never too early to start planning.

#### **Study Abroad**

International Programs
1111 University Capitol Centre
319-335-0353

→ INTERNATIONAL.UIOWA.EDU/STUDY-ABROAD

# **FEBRUARY**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Did You Kno The University has center to assist sto For more student writingcenter.u	s a free writing udents with papers. study tips, visit:					01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	Spring Engineering Career Fair	21	22
23	24	25	26	27 Spring Career Fair	28	

# **PARKING AND TRANSPORTATION**

The University of Iowa has multiple resources to help your student get around campus – including public transit, bicycling, and parking. The most notable of these is the UI CAMBUS system. CAMBUS is a fixed-route bus system providing service to the entire campus. Bus stops are located conveniently and provide frequent service to the residence halls. CAMBUS rides are free and available to everyone. The Bionic Bus, operated by CAMBUS, is a specialized service for persons with disabilities.

Riders can download the mobile app Transit to track bus locations in real-time, see departure predictions, and receive guided navigation. To receive service alerts like detours, riders should favorite the routes they ride. The university also offers students subsidized bus passes for city transit services.

Miles of sidewalks and pedestrian paths and bridges provide scenic routes to travel around campus. The university and the surrounding communities also offer many bicycle amenities including repair stations, dedicated bike lanes, and trail systems. We also offer a free bicycle registration through Bike Index that can help identify a bicycle if it is lost or stolen.

For trips home during break periods, a ridematching service called UI Rideshare is also offered to help students connect with other students traveling the same direction.

Parking on campus is limited and provided by a mix of hourly and permit parking. In general, it is recommended students do not bring a vehicle to campus. Students who bring motorcycles or mopeds to campus must obtain a permit to park in motorcycle parking lots throughout campus. Students are required by the Board of Regents to register any motor vehicle they bring to campus. Registering a vehicle is completed easily online through the Parking Portal at **parking.uiowa.edu**.





# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Questions to ask your student:  How are your classes going?  How are you managing your time during midterms?						01
02	03	04	05	06	07	08
09	10	11	12	13	University Dining contract ends	15
16	17	18	Spring Break March 15 - 23	20	21	22
30	University Dining contract resumes 24	25	26	27	28	29

We know students may experience challenges during their college career that impact their ability to fully participate academically and socially on campus. The Dean of Students team coordinates efforts with our campus partners to assist students in overcoming these challenges to get back on track to achieve success at Iowa.

### ANGIE REAMS, PHD

Associate Vice President and Dean of Students



University of lowa, it is vital that you talk with them about their academics and co-curricular activities so that they may make the most of their educational experiences. It is important that your student is given the knowledge and tools necessary to make informed decisions. For example, the week prior to spring break is the perfect time to speak with your students about alcohol and drugs.



## **SAFETY ON CAMPUS**

Campus Safety is committed to creating a safe and welcoming community for all students, faculty, staff, and visitors. The organization includes eight departments that are committed to all facets of campus safety, including the UI Police Department, Security Services, Emergency Management, the Threat Assessment Team, Security Engineering Services, Clery Compliance, Emergency Communications, and Fire Safety. Safety services are available 24-hours a day and are provided by trained and experienced professionals whose goal is to educate the university community on personal safety and crime prevention, which they achieve through educational programs, community outreach, safety planning, and follow-up support.

#### → SAFETY.UIOWA.EDU

#### Student safety resources include:

- Rave Guardian is a free mobile app that allows users to set a safety timer for their walk home, call Campus Safety with the touch of a button, and text anonymous tips to UI Police. For access to the campus network, students should sign up using their UI email address.
- **Nite Ride** is a free late-night transportation service available to UI students, faculty, and staff. Request a ride between 10 p.m. and 5 a.m. 7 days a week, or an express ride directly to your destination for \$1.
- **Hawk Alert** is one layer of the campus emergency notification system. Hawk Alerts are used to notify campus when there is an immediate threat to the health or safety of the campus community. Text message is the fastest way to receive an alert, and settings can be updated on MyUI.
- **Safety Training** Campus Safety offers a variety of free and low-cost personal safety training courses, including but not limited to CPR, personal safety and self-protection, Rape Aggression Defense (R.A.D.), and Civilian Response to Active Shooter Events (CRASE).
- Student Care Coordinators Campus Safety
  has partnered with the Division of Student Life to support
  a care coordinator position that provides follow-up support
  services for students who have had law enforcement
  contact, crisis intervention, or hospitalization.

# **APRIL**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	Last day to withdraw entire registration Last day to drop a semester-length course	22	23	24	25	26
27	28	29	30	→ What is the p Internship? S	co ask your stu plan for summer? Co nummer classes? s are you taking next	ming home?

# WELL-BEING AND BASIC NEEDS

#### Food Insecurity

The **Food Pantry at Iowa** provides free nutritious food and necessities for University of Iowa students, postdocs, faculty, and staff. Conveniently located in the Iower level of the Iowa Memorial Union, the Food Pantry at Iowa offers a variety of food and other supplies. Hours are listed on their website.

#### basicneeds.uiowa.edu/food-pantry

Hawkeye Meal Share allows students with meal plans to donate their unused guest meal swipes to fellow students struggling with financial resources. Students in need of meals can access the application and learn more about the program and on the website.

dos.uiowa.edu/assistance/meal-share

#### Financial and Other Support

The **Student Life Emergency Fund** provides financial assistance to students experiencing an emergency or unforeseen circumstances that negatively and severely impacts their academic success.

#### dos.uiowa.edu/assistance/student-support-initiatives

The **Clothing Closet** provides students with access to quality, free, new or used, professional clothing and is located on the ground floor of the lowa Memorial Union, adjacent to the Food Pantry at lowa.

basicneeds.uiowa.edu/clothing-closet





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Congratulations  You've made it through your first year as a proud member of the Hawkeye family!			01	02	03
05	06	07	08	09  Last day of classes	10
12	13	14	15	University Dining contract ends	17
		Finals Week May 12 - 16			University Housing contract ends at noon
19	20	21	22	23	24
University Holiday	27	28	29	30	31
	agratulation de it through your first ember of the Hawkey 12 12 19 26	Agratulations  de it through your first year as a ember of the Hawkeye family!  Description of the Hawkeye family.  Description of the	Agratulations  de it through your first year as a ember of the Hawkeye family!  10 12 13 14  11 19 20 21  12 28  University Holiday	12   13   14   15	O1   O2   O2   O5   O6   O7   O8   O9   O9   O7   O8   O9   O7   O8   O9   O7   O8   O7   O7

# CELEBRATING A **SUCCESSFUL YEAR**



You and your student have completed your first year as members of the Hawkeye family. Take time to celebrate, show your Hawkeye spirit, and continue the proud tradition of the University of Iowa.

On Iowa and Go Hawks!

The word is "Fight! Fight! Fight! for IOWA," Let every loyal lowan sing;

The word is "Fight! Fight! Fight! for IOWA,"
Until the walls and rafters ring (Go Hawks!)
Come on and cheer, cheer, cheer, for IOWA
Come on and cheer until you hear the final gun.
The word is "Fight! Fight! Fight! for IOWA,"
Until the game is won.

Written by Meredith Willson

#### Questions to ask your student:

- Finals are right around the corner, what are you doing to prepare?
- → What is the plan for move-out?

Herky the Hawkeye, Iowa's official mascot, was created in 1948 as the symbol of Hawkeye athletics. Drawing his name as a shortened version of the Greek strong-man Hercules, Herky's first mascot appearance occurred in 1959 at a football game. Today, he remains a staple of Iowa Hawkeye pride.

# **ACADEMICS**

#### Earning a Degree at Iowa

Your student will be working toward a degree consisting of three components - general education coursework, major coursework, and elective coursework. General education coursework is designed to provide your student with the skills needed for a lifetime of learning and for a first career. Your student will learn how to pose questions, find answers, evaluate attitudes and beliefs, and adapt to change by taking these courses. Major coursework exposes students to the academic field of their choice, focusing on in-depth study of complex problems, issues, and ideas. Work in the major encourages students to form academic ties with both instructors and peers while acquiring in-depth knowledge. Elective coursework rounds out a student's degree program. Each of these three required components allows significant choice for students, encouraging them to follow their passions and interests.

# Minors and Certificate Programs

Students who seek additional opportunities may choose to complete a minor or certificate as well as their bachelor's degree program. Students can earn a minor or certificate in any area that offers one, even in another college within the University.

#### **Semester Hours**

A semester hour (s.h.) is a unit of measurement. Each course is worth a certain number of semester hours of credit. This number is based on hours spent in class and the two hours of homework that is expected for each class meeting. Semester hours for each course are added to determine a student's classification:

First-Year: 0-29 s.h. earned Sophomore: 30-59 s.h. earned Junior: 60-89 s.h. earned Senior: 90 + s.h. earned

#### Degree Audit

Each student has an individual degree audit, located in MyUI

(**MyUI.uiowa.edu**). The degree audit helps your student to monitor progress toward graduation by comparing the coursework completed, to the courses required for their degree. The degree audit also tracks a student's GPA.

#### **Academic Contacts and Resources**

#### **Academic Advising Center**

319-353-5700 • advisingcenter.uiowa.edu

#### **Main Library**

319-335-5299 · lib.uiowa.edu

#### **Mathematics Tutorial Laboratory**

319-335-0810 • math.uiowa.edu

#### **TRIO Student Support Services**

319-335-1288 • diversity.uiowa.edu/trio-sss

#### **Tutor Iowa**

319-467-1561 • tutor.uiowa.edu

#### **University of Iowa Honors Program**

319-355-1681 • honors.uiowa.edu

#### **Writing Center**

319-335-0188 • writingcenter.uiowa.edu

#### **Academic Policies**

You can find information regarding each of the following topics on the website of the Office of the Registrar (registrar.uiowa.edu).

- Academic policies of specific undergraduate colleges (links are in the MyUI Student Handbook)
- · Graduation information
- · Policy on human rights
- Policy governing undergraduate and professional students enrolled in courses outside their own college or degree program
- Registration information
- · Release of student records
- · Significant deadlines
- Statements on diversity and religious diversity
- Student complaints concerning faculty actions
- Tuition information: tuition assessment, resident classification for tuition purposes
- · University terminology

#### **Grade Reports**

Grades are reported on MyUI about a week after the end of exam week. Students are able to view grades at **MyUI.uiowa.edu**.

#### **Final Examinations**

Dates and times of all final examinations are announced around the fifth week of classes. Your student will receive this exam schedule from the Registrar through email at their uiowa.edu address. Your student should consult this schedule before making any travel plans. Students are not excused from exams for family holiday plans or events.

Remind your student to check their uiowa.edu email address frequently for important news and reminders.

## Academic Recognition

#### **University of Iowa Honors Program**

Students can apply to join the Honors Program as either entering or current students. Honors students engage with a community of peers, staff, and faculty through an array of honors classes and experiential options including research, study abroad, and internships. Honors-only classes feature an enriched classroom environment and handson experiences with honors peers. Honors builds community through programming and supports students with scholarship opportunities and skill-building resources. Optional honors housing enables members to connect across colleges and majors. The University Honors curriculum encourages engagement in high impact practices, supported by access to faculty, professional staff, and peer mentors. Achievement is recognized at graduation with University Honors designated on transcript and diploma.

#### **Dean's and President's Lists**

The Dean's List recognizes undergraduate students who achieve a GPA of 3.50 or above on 12 s.h. or more of graded work and who have no hours of I (incomplete) or O (no report) for that semester.

The President's List recognizes undergraduates who achieve a GPA of 4.00 for 12 s.h. or more of graded work and who have no hours of I (incomplete) or O (no report) for two consecutive semesters (excluding summer sessions).

#### <u>Changes in Registration —</u> Adding or Dropping a Course

Students can make most registration changes in MyUI including drops and adds. Please visit the Office of the Registrar website for the most current registration information: registrar.uiowa.edu and click on the Registration tab. If your change is not allowed in MyUI you may use the email option. Details are listed at: registrar.uiowa.edu/email-option-make-change-registration. All changes can be made in MyUI. If you have

All changes can be made in MyUI. If you have any questions, please contact the UI Service Center for information on how to process the change you need. UI Service Center: 2700 UCC, registrar@uiowa.edu or 319-384-4300.

# FINANCIAL

#### University Bill (U-Bill)

Student U-Bills are created on the first business day of each month and are available online through MyUI. The first bill for the fall semester will be ready in August and the first bill for the spring semester will be ready in January. Students receive an email to their Ulowa email account at the beginning of each month, notifying them that their U-Bill is available to review online. Students may choose to invite a guest or parent to have access to their student information. This allows guests and parents to view and pay the U-Bill each month.

Payment for the U-Bill is due on or around the 22<sup>nd</sup> of each month. There are two payment options:

- · Payment of Total Balance Due
- · Deferred Payment Plan:

Tuition and contracted Housing and Dining charges can be deferred and paid over the first three months of fall and spring semesters. By paying the minimum payment due listed on the monthly U-Bill, students are automatically enrolled in the Deferred Payment Plan. Students that choose to take advantage of the Deferred Payment Plan will be charged a fee each semester. For more information on the Deferred Payment Plan and Deferred Payment Fee please visit the University Billing website at: ubill.fo.uiowa.edu/service-charges

If a payment of at least the minimum payment due is not received by the monthly due date, the account may be charged a late payment fee. For more information on the Late Payment Fee please visit the University Billing website at: ubill.fo.uiowa.edu/payment-options

U-Bill payment methods include:

- Online through MyUI using a checking or savings account
- Mail checks can be mailed to the payment processing center, using the address listed on the U-Bill payment stub
- Credit Card a non-refundable service fee is assessed for all credit and debit card transactions. For more information on credit card service fees please visit the University Billing website at: ubill.fo.uiowa.edu/can-my-university-bill-be-paid-credit-card

Tuition and fees information can be found at: registrar.uiowa.edu

#### University Records and Documents Fee

All new students enrolled at the University of Iowa will be assessed a single "University Records and Documents Fee". The non-refundable fee combines existing fees into one package to facilitate assessment, student service, and satisfaction.

For more information please see the registrar's website at:

registrar.uiowa.edu/university-records-and-documents-fee

#### **Financial Contacts and Resources**

#### **University Billing Office**

319-335-0071 or 800-943-4557 ubill fo uiowa edu

Office of Student Financial Aid

319-335-1450

financialaid.uiowa.edu

#### Colleges at the

#### **University of Iowa**

#### **Carver College of Medicine**

451 Newton Road 319-335-6707 • medicine.uiowa.edu

#### **College of Dentistry**

801 Newton Road 319-335-7499 • dentistry.uiowa.edu

#### **College of Education**

N459 Lindquist Center 319-335-5359 • education.uiowa.edu

#### **College of Engineering**

3100 Seamans Center for the Engineering Arts and Sciences 319-335-5764 • engineering.uiowa.edu

#### **College of Law**

280 Boyd Law Building 319-335-9034 • law.uiowa.edu

## College of Liberal Arts and Sciences

120 Schaeffer Hall 319-335-2633 • clas.uiowa.edu

#### **College of Nursing**

101 Nursing Building 319-335-7018 • nursing.uiowa.edu

#### **College of Pharmacy**

180 S. Grand Ave. 319-335-8795 • pharmacy.uiowa.edu

#### **College of Public Health**

100 College of Public Health Building 319-384-1500 • public-health.uiowa.edu

#### **Graduate College**

205 Gilmore Hall 319-335-2144 • grad.uiowa.edu

#### **Tippie College of Business**

C140 Pappajohn Business Building 319-335-1037 • tippie.uiowa.edu

#### **University College**

310 Calvin Hall 319-335-1497 • uc.uiowa.edu

# STUDENT LIFE

#### Student ID Card

The lowa One Card is the university's official photo identification card and is necessary for gaining access to facilities and services across campus. For questions, please visit **idcard.uiowa.edu** or email **idcard@uiowa.edu**.

#### **Technology Services for Students**

#### **Get Started with Technology Guide**

The Get Started Guide provides a handy checklist for students to get set up with technology. Some of the topics include:

- Buying a new computer: All students are eligible for education discounts on personal computer purchases.
- **Software:** UI students have access to many software titles, including the ability to install Microsoft Office on up to five computers for free.
- Internet access on campus: Wireless connectivity on campus (called eduroam) is available in all buildings, residence halls, and many public spaces. Students living in dorms receive wired Internet access (called ResNet). An Ethernet cable is required.
- Computer labs and printers: Students have access to many computers and printers on campus in labs called Instructional Technology Centers (ITCs).
- Office 365: Microsoft Office 365 is the UI's email system (50GB storage). It also provides access to file storage, Microsoft Office Online, and much more.

Visit the Get Started with Technology Guide at:

#### its.uiowa.edu/techstart

Students with technology questions should contact the Help Desk by phone at 319-384-HELP (4357), by email at **its-helpdesk@uiowa.edu**, or visit our website at **its.uiowa.edu**.

#### Student Care and Assistance -Dean of Students

Student Care and Assistance provides assistance to students experiencing crisis and emergency situations. Student Care helps students with:

- Hospitalizations
- Medical emergencies or illness
- · Mental health concerns
- · Death of a family member
- · Natural disasters Fire, Displacement, Tornado, etc.

If a situation arises or you have questions, concerns, or need more information, please contact the DOS office by phone at **319-335-1162**, by email at **dos-assistance@uiowa.edu**, or visit **dos.uiowa.edu/assistance**.

#### Additional Contacts and Resources

#### Academic Resource Center (ARC)

tutor.uiowa.edu/arc-academic-resource-center

#### **Academic Support and Retention (ASR)**

319-467-1561 • asr.uiowa.edu

#### Afro-American Cultural Center (Afro House)

319-335-8296

multicultural.uiowa.edu/culturalcenters/afrohouse

#### **Asian Pacific American Cultural Center (APACC)**

319-335-2719

multicultural.uiowa.edu/culturalcenters/apacc

#### **Athletic Ticket Office**

1-800-424-2957 • hawkeyesports.com

#### **Benefits Office/Student Health Insurance**

319-335-2676 • hr.uiowa.edu/benefits

#### **Clothing Closet**

basicneeds.uiowa.edu/clothing-closet

#### **Daily Iowan**

319-335-6030 · dailyiowan.com

#### **Dental Clinics**

319-335-7499 • dentistry.uiowa.edu

#### **Family Services**

319-335-3558 • hr.uiowa.edu/family-services

#### **Food Pantry**

basicneeds.uiowa.edu/food-pantry

#### Fraternity and Sorority Life (FSL)

319-335-3059 · fsl.uiowa.edu

#### Hancher

319-335-1160 or 800-HANCHER (462-2437) hancher.uiowa.edu

#### International Programs (Study Abroad)

319-335-2700 • international.uiowa.edu/study-abroad

#### International Student Support and Engagement (ISSE)

multicultural.uiowa.edu/culturalcenters/ international-student-support-and-engagement

#### Iowa Memorial Union (IMU)

319-353-4468 • imu.uiowa.edu

#### Information Technology Services (ITS) Help Desk

319-384-HELP (4357) • its.uiowa.edu/helpdesk

#### Latino Native American Cultural Center (LNACC)

319-335-8298

multicultural.uiowa.edu/culturalcenters/lnacc

#### Leadership and Engagement

319-335-3059 • getinvolved.uiowa.edu

#### Office of Access and Support (OAS)

319-335-3555 • diversity.uiowa.edu/division-access-opportunity-and-diversity/office-access-and-support-oas

#### Office of the Dean of Students (DOS)

319-335-1162 · dos.uiowa.edu

# STUDENT SAFETY

#### **Rights and Privileges**

As a member of the University of Iowa community, students can enjoy certain rights and privileges. Among these are the right to be free from discrimination and sexual harassment, the right to discuss and exchange ideas, the right to be involved in University governance, and the right to privacy. The University is guided by a single principle that is reaffirmed in our publications:

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, The Office of Civil Rights Compliance, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, oie-ui@uiowa.edu.

#### **UI Policies and Regulations**

UI Policies and Regulations Affecting Students is an important resource that outlines the rights and responsibilities granted to every student in the University community. These policies are posted at **dos.uiowa.edu/policies**. At the start of the semester, your student will receive an email notice about the policies.

#### Safety Contacts and Resources

#### **Cambus**

319-335-8633 • transportation.uiowa.edu/cambus

#### **Office of Campus Safety**

319-335-5022 • safety.uiowa.edu

#### NiteRide

319-384-1111 • niteride.its.uiowa.edu/request

#### Rape Victim Advocacy Program (RVAP)

319-335-6001 (business) or

319-335-6000 (24 hour crisis line)

rvap.uiowa.edu

#### The Office of Civil Rights Compliance (OCRC)

319-335-0705 • diversity.uiowa.edu/division/oie

For additional information, refer to *A-Z Search* on the University of Iowa homepage at: **uiowa.edu/a-z** 

#### Office of the Registrar

319-384-4300 · registrar.uiowa.edu

#### Office of Student Accountability (OSA)

319-335-1527 • dos.uiowa.edu/accountability

#### **Orientation Services**

319-335-1497 • newstudents.uiowa.edu

#### **Parking and Transportation**

319-335-1475 • transportation.uiowa.edu

#### **Pomerantz Career Center**

319-335-1023 · careers.uiowa.edu

#### **Pride Alliance Center (Pride House)**

319-335-7123

multicultural.uiowa.edu/culturalcenters/pridehouse

#### **Recreational Services**

319-335-9293 • recserv.ujowa.edu

#### **Student Care and Assistance**

319-335-1162 · dos.uiowa.edu/assistance

#### **Student Disability Services (SDS)**

319-335-1462 • sds.studentlife.uiowa.edu

#### **Student Health**

319-335-8370 • studenthealth.uiowa.edu

#### **Student Legal Services (SLS)**

319-335-3276 • studentlegal.uiowa.edu

#### **Student Wellness**

319-335-8394 • studentwellness.uiowa.edu

#### **Undergraduate Admissions**

319-335-3847 · admissions.uiowa.edu

#### **University Counseling Service (UCS)**

319-335-7294 · counseling.uiowa.edu

#### Women's Resource and Action Center (WRAC)

319-335-1486 · wrac.uiowa.edu

#### Getting Home and Back

Bus service to and from Iowa City is offered by Burlington Trailways and Greyhound. Airports serving the Iowa City area are: Eastern Iowa Airport (25 miles from campus) and Quad Cities Airport (65 miles from campus).

#### For more information:

- Burlington Trailways: **burlingtontrailways.com**
- Greyhound: greyhound.com

#### **Housing and Dining Contacts and Resources**

#### **University Housing**

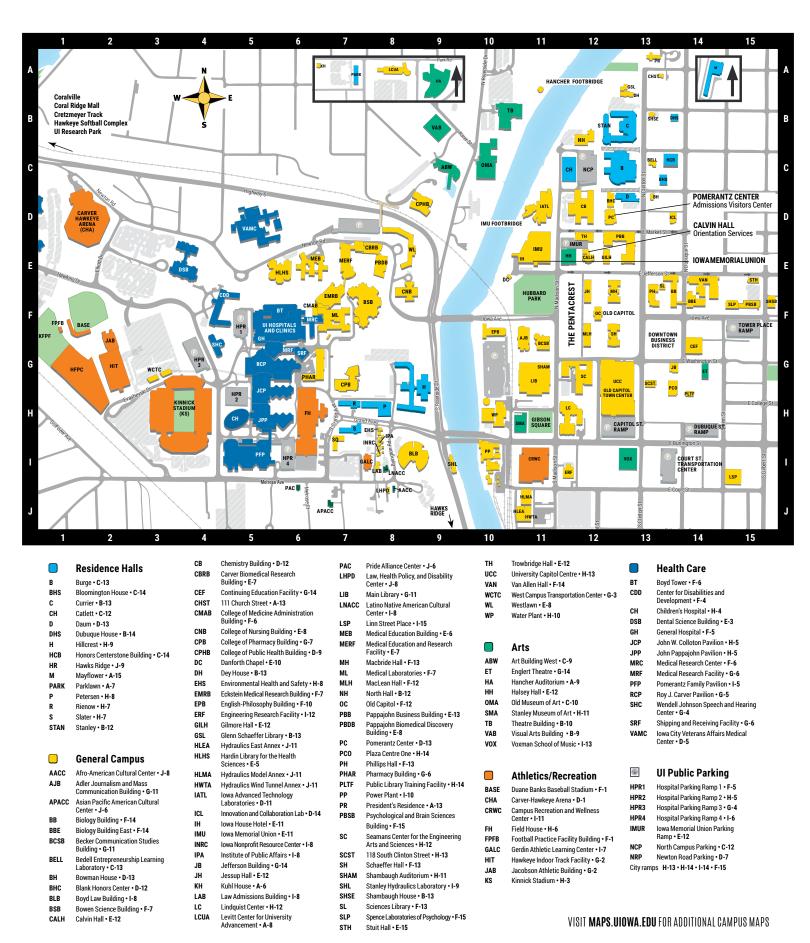
319-335-3000 · housing.uiowa.edu

#### **University Dining**

319-335-3000 • dining.uiowa.edu

#### **Off-Campus Housing Service**

offcampushousing.uiowa.edu



The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, The Office of Civil Rights Compliance (OCRC), the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, oie-ui@uiowa.edu.